

UNIVERSIDADE FEDERAL DE CIÊNCIAS DA SAÚDE DE
PORTO ALEGRE – UFCSPA
CURSO DE PÓS-GRADUAÇÃO EM CIÊNCIAS DA SAÚDE

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**Influência de fatores microbiológicos e
de características clínicas no desfecho
da terapia em infecções por
Staphylococcus spp.**

UFCSPA

Universidade Federal de Ciências da Saúde
de Porto Alegre

Porto Alegre
2016

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Influência de fatores microbiológicos e de características clínicas no desfecho da terapia em infecções por *Staphylococcus* spp.

Tese submetida ao Programa de Pós-Graduação em Ciências da Saúde da Fundação Universidade Federal de Ciências da Saúde de Porto Alegre como requisito para a obtenção do grau de Doutor

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**Porto Alegre
2016**

Catálogo na Publicação

Rauber, Janine de Melo

Influência de fatores microbiológicos e de características clínicas no desfecho da terapia em infecções por *Staphylococcus* spp. / Janine de Melo Rauber. -- 2016.

118 f. : 30 cm.

Tese (doutorado) -- Universidade Federal de Ciências da Saúde de Porto Alegre, Programa de Pós-Graduação em Ciências da Saúde, 2016.

Orientador(a): Pedro Alves d'Azevedo ;
coorientador(a): Andréia Rosane de Moura Valim.

1. *Staphylococcus* spp.. 2. Infecções hospitalares. 3. Resistência microbiana. 4. Virulência. 5. Vancomicina. I. Título.

Sistema de Geração de Ficha Catalográfica da UFCSPA com os dados
fornecidos pelo(a) autor(a).

Resumo

Os microrganismos do gênero *Staphylococcus* spp. são classificados como cocos gram-positivos e normalmente estão presentes na microbiota humana. Em ambientes hospitalares, no entanto, a exposição de pacientes debilitados a estes microrganismos pode ocasionar tanto infecções simples quanto patologias graves. A oxacilina é um dos antimicrobianos mais utilizados no tratamento de infecções por estafilococos, porém é bastante frequente o isolamento de cepas resistentes. A vancomicina, medicamento que pertence à classe dos glicopeptídeos, é a principal escolha na terapia de *Staphylococcus aureus* resistente à oxacilina/meticilina (MRSA), mas outras drogas alternativas também podem ser empregadas no caso de resistência, como a teicoplanina, daptomicina, tigeciclina e linezolida. Embora a maioria das cepas de MRSA demonstre sensibilidade *in vitro* a estes antimicrobianos alternativos, percebe-se que por vezes ocorre falha na ação do antibiótico e, sem explicação aparente, são detectados fracassos nas terapias em infecções estafilocócicas. O objetivo deste trabalho foi avaliar as variáveis relacionadas ao desfecho no tratamento de pacientes hospitalizados com infecções por *Staphylococcus* spp., analisando características clínicas do paciente bem como características microbiológicas e moleculares dos microrganismos isolados. O estudo foi observacional analítico e não intervencionista, com delineamento do tipo coorte prospectiva, com início em agosto de 2012 e término em julho de 2015, sendo um total de 232 amostras isoladas no período. Com relação às espécies, *S. aureus* esteve presente em 49,5% dos casos de infecção e *S. epidermidis* foi a principal espécie isolada dentre os estafilococos coagulase negativa (43,4%). Para as espécies de coagulase negativa, a resistência à meticilina foi significativamente maior ($p < 0.01$) se comparada à espécie *S. aureus* (75,7% vs. 17,6%). As amostras resistentes à meticilina apresentaram concentração inibitória mínima para vancomicina estatisticamente maior ($p < 0,001$) se comparado às sensíveis (1,11 vs. 1,56 $\mu\text{g/mL}$). Além disso, com relação à resistência, 36 amostras (15,5%) apresentaram hetero-resistência intermediária à vancomicina (hVIS). Não foi verificada transmissão vertical na maioria das amostras de hVIS uma vez que o perfil genético apresentou relação de similaridade em apenas quatro isolados. Após o tratamento da infecção, 23,8%

dos pacientes foram a óbito. A resistência à metilina não foi relacionada à mortalidade, mas foi verificado um aumento significativo no tempo de internação hospitalar nestes casos. Não houve influência nas taxas de óbito em função da hetero-resistência intermediária e de valores elevados de MIC para vancomicina. A presença de leucocidina de Pantón-Valentine (PVL) foi observada em 25 isolados e 46% das cepas de *S. aureus* foram consideradas fortes produtores de biofilme. A maioria dos isolados apresentou SCCmec IV (35%), SCCmec III (14%), *agr* I (46%), *agr* II (24%) e o *agr* esteve ausente em 11% das amostras. A ausência de *agr* foi associada ao aumento do MIC para vancomicina (1,93 vs. 1,59 µg/mL, $p = 0,050$). Após avaliação sérica, apenas 8,6% das dosagens de vancomicina estavam dentro da janela terapêutica, 51,4% estavam abaixo do especificado e 40% acima. Não foi verificada relação do óbito com os níveis séricos de vancomicina ($p = 0,892$), porém a nefrotoxicidade foi relacionada com níveis séricos de vancomicina superiores a 15 µg/mL.

Abstract

Microorganisms of the *Staphylococcus* spp. genus are classified as gram-positive cocci and usually are found in the human microbiota. In nosocomial environment, however, the exposure of debilitated patients to these microorganisms can cause both simple infections and serious diseases. Methicillin is one of antimicrobials used in the treatment of Staphylococcal infections, but is frequent the isolation of resistant strains. Vancomycin, a glycopeptide drug, is the first choice in the therapy of methicillin-resistant *Staphylococcus aureus* (MRSA), but alternative drugs can be employed in cases of resistance such as teicoplanin, daptomycin, tigecycline and linezolid. Although most MRSA strains are susceptible *in vitro* to these alternative antimicrobials, it is reported unexplained failure in antibiotic action and Staphylococcal infections therapy. The objective of this study was to evaluate the variables associated with outcome in treatment of *Staphylococcus* spp. infections, assessing clinical features of the patient as well as microbiological and molecular characteristics of microorganisms. The study was observational

and non-interventionist, a prospective cohort design, from August 2012 to July 2015, and 232 samples were isolated in the period. Regarding to species, *S. aureus* was found in 49.5% of cases of infection and *S. epidermidis* was the most frequent specie isolated from the coagulase negative *Staphylococci* (43.4%). For coagulase negative species, methicillin resistance was significantly higher ($p < 0.01$) compared to *S. aureus* (75.7% vs. 17.6%). Methicillin-resistant strains presented vancomycin minimum inhibitory concentration (MIC) statistically higher ($p < 0.001$) compared to susceptible strains (1.11 vs. 1.56 $\mu\text{g/mL}$). Moreover, with respect to resistance, 36 samples (15.5%) were classified as heterogeneous vancomycin-intermediate *Staphylococcus* spp. (hVIS). There was no vertical transmission in most of hVIS samples since the genetic profile showed similarity relation only in four isolates. After infection treatment, 23.8% of patients died. The methicillin resistance was not associated with mortality, but was a significant increase in length of hospital stay in these cases. There was no influence on mortality rates due to the heteroresistance or high levels of vancomycin MIC. The presence of Panton-Valentine Leucocidin (PVL) was observed in 25 isolates and 46% of *S. aureus* strains were found to be strong producers of biofilm. Most isolates were classified as SCCmec IV (35%), SCCmec III (14%), *agr* I (46%), *agr* II (24%) and *agr* was absent in 11% of samples. The absence of *agr* was associated with an increased vancomycin MIC (1.93 vs. 1.59 $\mu\text{g/mL}$, $p = 0.050$). After serum evaluation, only 8.6% of vancomycin doses were within the therapeutic window, 51.4% were below and 40% were above. There was no association of mortality with vancomycin troughs ($p = 0.892$), but nephrotoxicity was associated to vancomycin serum levels higher than 15 $\mu\text{g/mL}$.

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1 REVISÃO DA LITERATURA

1.1 Importância clínica dos *Staphylococcus* spp.

Staphylococcus spp. são cocos gram-positivos que, em análise microscópica, formam arranjos semelhantes a cachos de uvas. Parte da diferenciação entre as espécies do gênero é realizada através do teste da enzima coagulase: para *Staphylococcus aureus*, a espécie mais relevante e patogênica, o teste da coagulase é positivo(1); dentre os estafilococos coagulase-negativos (CoNS) mais comumente relacionados à infecção destacam-se o *S. epidermidis*, *S. haemolyticus* e *S. lugdunensis*(2, 3).

O gênero é frequentemente relacionado a infecções nosocomiais, devendo-se ter maior cuidado com pacientes internados, cujo sistema imunológico encontra-se debilitado. Assim, uma simples colonização pelo microrganismo pode evoluir para uma infecção grave, situação que ocorre normalmente com recém-nascidos, pacientes cirúrgicos, imunodeprimidos e imunocomprometidos(4). Nesse sentido, o gênero *Staphylococcus* spp. foi responsável por 27% das infecções hospitalares nos Estados Unidos da América (EUA) entre os anos de 2009 e 2010(5).

Componente da microbiota normal, o *S. aureus* encontra-se presente na pele e narinas de aproximadamente um terço da população(6-9). Assim como os demais microrganismos do gênero, são típicos patógenos oportunistas em ambientes hospitalares, e as cepas resistentes estão emergindo como agentes relevantes também em infecções adquiridas na comunidade(10).

Os indivíduos colonizados por *S. aureus* apresentam um risco aumentado de infecção por estas cepas. Muitos casos de infecções nosocomiais são adquiridas através da exposição às mãos de profissionais da saúde já colonizados pelo microrganismo ou que tiveram contato com pacientes infectados pelo estafilococo(11).

S. aureus é o primeiro na listagem dos patógenos associados às infecções de saúde relatados pela vigilância *National Healthcare Safety Network* (*Centers for Disease Control and Prevention*, CDC), especialmente responsáveis por infecções de sítio cirúrgico e pneumonia associada à

ventilação mecânica(5). Cerca de 14,5% das infecções em corrente sanguínea confirmadas em laboratório no Brasil são atribuídas a *S. aureus*(12).

Já os estafilococos coagulase-negativos são os patógenos oportunistas mais frequentemente relacionados a infecções de corrente sanguínea associada à cateter central(13) e a segunda maior causa de infecções de sítio cirúrgico(5). No Brasil, os CoNS são responsáveis por 17% das infecções da corrente sanguínea confirmadas em laboratório(12).

CoNS são parte da microbiota normal da pele humana e são comumente considerados como contaminantes de culturas microbiológicas(14). Realizar a diferenciação entre a verdadeira bacteremia e a contaminação é bastante difícil e deve envolver avaliação detalhada do paciente(15). Os pacientes imunocomprometidos, hospitalizados por longos períodos, pacientes criticamente doentes e recém-nascidos prematuros são os indivíduos mais vulneráveis à infecção por estafilococos coagulase-negativos(16), uma vez que o uso de dispositivos médicos, como cateteres está diretamente relacionado à capacidade do CoNS formar biofilme(17).

1.2 Resistência aos antimicrobianos

Nas últimas décadas, um importante problema de saúde pública tem causado alerta: o aumento da incidência de cepas resistentes aliado ao surgimento de bactérias multirresistentes(18). Muitos aspectos estão envolvidos no incremento da resistência, no entanto, o uso frequente e por vezes inadequado de antimicrobianos, tanto em ambiente hospitalar quanto domiciliar, tem sido determinante na emergência de infecções por cepas multirresistentes(19). Neste sentido, o tratamento de infecções causadas por *S. aureus* tem sido dificultado pela grande prevalência de cepas resistentes à meticilina (MRSA)(20).

1.2.1 Meticilina

Alguns anos após a descoberta da penicilina por Alexandre Fleming (1928), o índice de mortalidade por bacteremia causada por *S. aureus* reduziu de 70% para 30%. No entanto, em 1942 foi isolada a primeira cepa *S. aureus* produtora de penicilinase, enzima capaz de inativar o antimicrobiano. A incidência de resistência à penicilina aumentou significativamente após a

segunda guerra mundial devido ao uso intenso deste medicamento entre os soldados feridos. Em função destas cepas resistentes, a mortalidade causada pelo microrganismo aumentou para 50% em 1954(21).

Com o desenvolvimento do antibiótico meticilina (1959) para tratamento dos casos resistentes à penicilina, foi possível reduzir a mortalidade novamente para 30%. A meticilina foi introduzida como alternativa terapêutica para as bactérias produtoras de β -lactamases, uma vez que essa droga não sofre a ação destas enzimas. Entretanto, em 1961 relatou-se a primeira cepa de MRSA e, atualmente, estas cepas estão amplamente disseminadas(18). Nestes casos, o tratamento de infecções causadas por MRSA fica limitado à administração de vancomicina, daptomicina, linezolida, tigeciclina, sulfametoxazol + trimetoprima, substâncias que geralmente apresentam menor ação contra o microrganismo, custo mais elevado e/ou maior toxicidade(19).

A espécie *S. aureus* foi reportada em 16% das infecções hospitalares nos EUA e a prevalência de MRSA foi de 46 a 63% entre os isolados(5). Rosenthal e colaboradores (2012), em estudo realizado de 2004 a 2009 em 36 países da América Latina, Ásia, África e Europa pelo *International Nosocomial Infection Control Consortium* (INICC), registraram entre 71 e 84% de resistência à meticilina para *S. aureus*(22).

Os isolados de MRSA apresentam as proteínas ligadoras de penicilina com reduzida afinidade pela meticilina PBP2a (penicillin binding proteins), codificadas pelo gene *mecA*(23). Assim, não é possível que a meticilina se ligue às proteínas e realize a inibição da síntese da parede celular bacteriana. A presença do gene *mecA* é um dos fatores que caracteriza a resistência aos antimicrobianos β -lactâmicos e sua detecção é um dos métodos mais acurados para definição da resistência (CLSI, 2015).

O gene *mecA* é transportado em um elemento genético móvel chamado cassete cromossômico estafilocócico *mec* (SCC*mec*). Além do complexo *mec* que contém o gene *mecA*, o elemento SCC também pode transportar outros genes de resistência a antibióticos, plasmídeos e transposons(24). A fácil transferência deste elemento entre os estafilococos é uma das principais causas da rápida emergência de resistência(25).

A excisão e integração do elemento SCC*mec* no genoma dos

Staphylococcus é realizada por recombinases específicas *ccr* (*cassette chromosome recombinase*). Os elementos *SCCmec* podem ser classificados de acordo com a combinação de tipos de recombinases (*ccrAB* 1 a 6 e *ccrC* 1 a 2) e tipos de complexos *mec* (A – E)(26, 27). Para a formação dos diferentes tipos de *SCCmec*, algumas combinações possíveis de recombinases estão representadas na Figura 1. Atualmente, são conhecidos doze tipos de *SCCmec* (tipo I - XII) em isolados MRSA(28).

Em meados dos anos 90 foram relatadas as primeiras infecções causadas por *S. aureus* resistentes à meticilina associados à comunidade (CA-MRSA). Estes assim foram nomeados, pois esses isolados eram de pacientes que não tinham contato direto com sistemas de saúde que pudesse explicar tal infecção(29, 30).

A resistência mediada pelo gene *mecA* provinda da comunidade foi carregada por um *SCCmec* tipo IV, menor do que outros tipos de *SCCmec* com tipagem característica hospitalar (HA-MRSA)(31). Os *SCCmec* do tipo I ao III, originalmente nosocomiais, estão associados à maior resistência a antimicrobianos(32).

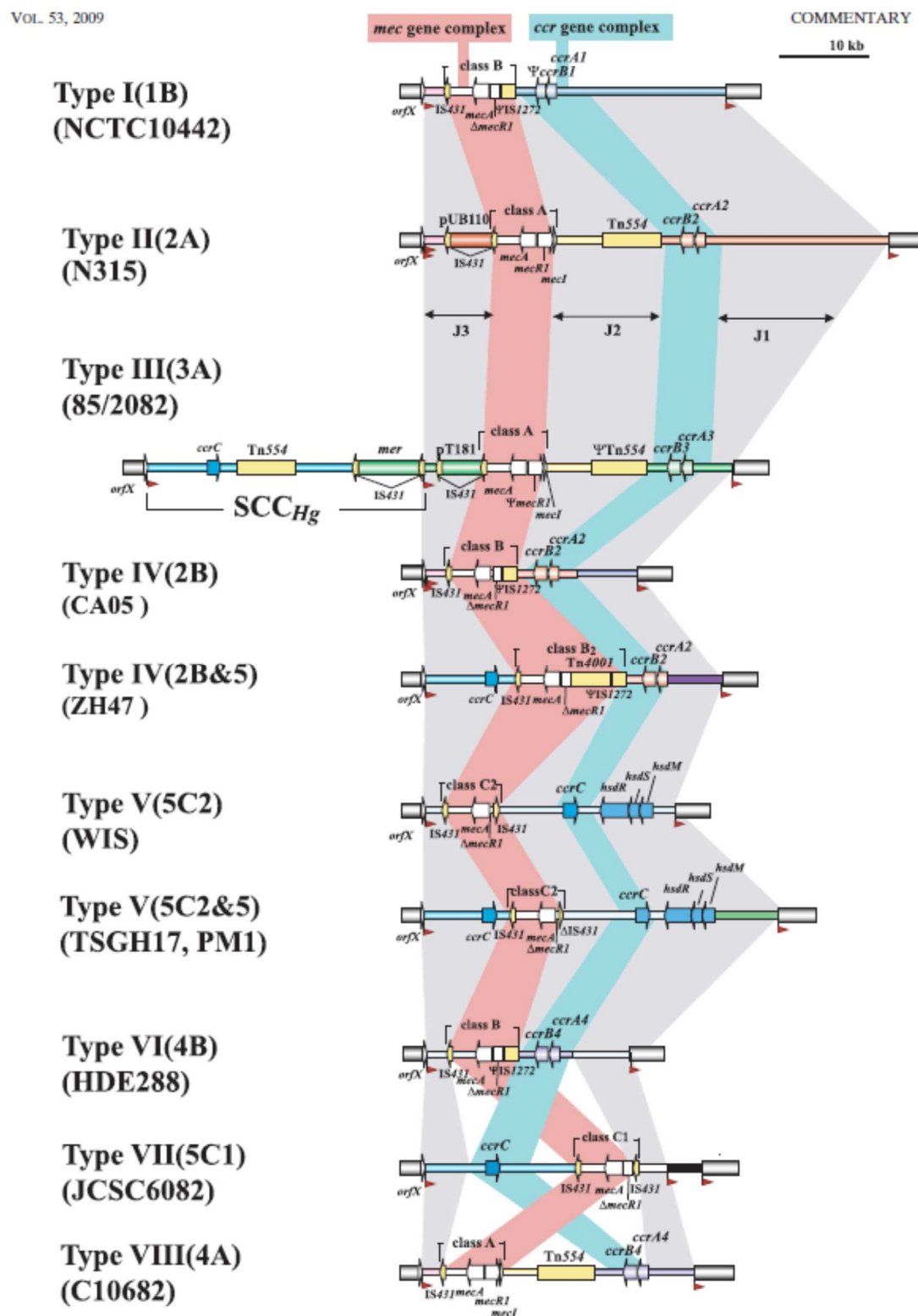
É importante enfatizar que os isolados MRSA eram quase inéditos em isolados de comunidades e, no entanto, nos últimos anos eles têm sido exhaustivamente relatados. Isolados comunitários tem na sua maioria como destaque a produção de toxina, como a leucocidina de Panton-Valentine (PVL), que está associada à pneumonia necrotizante(33).

Características de linhagens *SCCmec* tipo IV, inicialmente relacionadas à comunidade, estão sendo evidenciadas em isolados MRSA nosocomiais, com maior resistência. Também foi verificado, que isolados hospitalares estariam distribuídos na comunidade, proporcionando recombinação entre isolados HA e CA-MRSA(34).

Nos últimos anos, está sendo definida uma nova classificação a respeito da origem em infecções por estafilococos. Considerando que estes microrganismos são os principais responsáveis por mastites bovinas, está sendo verificada a colonização por estafilococos em animais e, conseqüentemente, a transmissão de infecção para trabalhadores rurais e pecuaristas. O primeiro caso de LA-MRSA (livestock-associated MRSA) foi publicado em 2005(35) e assim denominado por se diferenciar dos conhecidos

HA e CA-MRSA(36-38).

Figura 1. Representação dos diferentes tipos de SCCmec



Fonte: IWG-SCC(27)

Em análise molecular, os isolados LA-MRSA não são tipados em gel de eletroforese em campo pulsado (PFGE) utilizando a enzima *Sma*I, pertencem preferencialmente ao completo clonal (CC) 398, apresentam SCCmec tipo IV e V geneticamente diferenciado em relação ao CA-MRSA, além de não possuírem PVL e outras enterotoxinas(39). Assim, os isolados LA-MRSA parecem ser menos virulentos e menos transmissíveis do que os isolados HA e CA-MRSA. Outra característica importante é que a resistência aos β -lactâmicos pode ser conferida por um gene homólogo ao *mecA*, o gene *mecC* (*mecA*_{ALGA251})(40, 41).

1.2.2 Vancomicina

A vancomicina, antibiótico da classe dos glicopeptídeos, é a principal escolha para o tratamento intravenoso de MRSA no caso de pacientes hospitalizados(42). Em ensaios clínicos, antimicrobianos lançados mais recentemente, como a daptomicina, linezolida e tigeciclina, não superam a atividade da vancomicina, medicamento desenvolvido e comercializado há mais de 50 anos(43).

Este antimicrobiano age inibindo a síntese da parede celular bacteriana, impedindo o acoplamento dos polímeros de peptidoglicano. A resistência ao antimicrobiano ocorre por meio de uma modificação no peptídeo da parede celular do microrganismo. Assim, há alteração do fragmento de D-alanil-D-alanina tanto para D-alanil-D-lactato quanto para D-alanil-D-serina, impossibilitando a ligação do fármaco. Esta resistência é mediada por loci gênicos, sendo que o mais frequente é o gene *vanA*, carregado por plasmídeos e transposon, que conferem resistência ao antibiótico(44, 45).

Além da conhecida toxicidade deste antimicrobiano, falhas no tratamento de endocardites, bacteremias e pneumonias por cepas de *S. aureus* sensíveis e resistentes à metilicina (MSSA e MRSA) estão sendo relatadas desde 1977 até o momento(46).

Nesse sentido, segundo o consenso da *American Society of Health-System Pharmacist*, *Infectious Disease Society of America* and *Society of Infection Disease Pharmacists*, doses de vancomicina mais intensivas são

recomendadas para manter os níveis séricos entre 15 e 20 µg/mL, garantindo para a vancomicina uma área sob a curva (AUC) acima da MIC na razão ≥ 400 (47). No entanto, estes regimes mais intensivos têm sido associados com um aumento nos eventos de nefrotoxicidade induzida por vancomicina(48).

A vancomicina é um antibiótico ainda seguro e de baixo custo, porém seu uso requer acompanhamento terapêutico adequado. A monitoração terapêutica de vancomicina tem a finalidade de alterar a dosagem quando esta estiver inadequada, impedindo a falha de tratamento, reduzindo o risco de resistência bacteriana e prevenindo a ocorrência de nefrotoxicidade(49).

As principais indicações para monitoração dos níveis séricos são pacientes que recebem doses elevadas de vancomicina, que fazem terapia prolongada, que têm maior probabilidade de desenvolver nefrotoxicidade temporária e/ou que são obesos. A frequência da dosagem da vancomicina no sangue será conforme a gravidade do estado do paciente(47).

Alguns estudos têm analisado a importância da mensuração dos níveis séricos do antimicrobiano e recentemente foram publicadas duas meta-análises nas quais apenas o parâmetro AUC/MIC, e não a variável níveis séricos de vancomicina, foi relacionado com falha terapêutica, persistência da bacteremia e mortalidade(50, 51).

Alguns estudos relatam dificuldades no tratamento de MRSA normalmente em casos de isolados com altos valores de concentração mínima inibitória (MIC) para vancomicina(52-54). Assim, a ineficácia poderia ser atribuída à menor proporção de AUC/MIC, sendo esta imprescindível para o sucesso da terapia com vancomicina(55). Entretanto, há controvérsia a respeito da real influência da MIC no desfecho da terapia com vancomicina.

Esta questão foi discutida em quatro meta-análises, não havendo consenso entre os autores(56-59). Ao contrário dos três estudos anteriores, de acordo com a mais recente meta-análise(59), não houve diferenças significativas no risco de morte quando comparados pacientes com alto MIC para vancomicina ($\geq 1,5$ µg/mL) para aqueles com baixo MIC em casos de bacteremia por *S. aureus*.

Outra dificuldade consiste no fato de que estão sendo relatados casos de *S. aureus* com resistência aos glicopeptídeos vancomicina e teicoplanina, principais alternativas em infecções causadas por MRSA. Mecanismos de

resistência intermediária (VISA) foram descobertos a partir da década de 80 através de mutações no cromossomo bacteriano(60). Em 2002, foi relatado o primeiro caso de resistência completa (VRSA) através da aquisição do gene *vanA*. Embora publicadas, estes tipos de resistência à vancomicina ainda são pouco prevalentes(61).

Segundo o CLSI (*Clinical and Laboratory Standards Institute*), a sensibilidade à vancomicina é inferida através da análise da MIC. De acordo com critérios adotados a partir de 2006 (CLSI, 2006), os isolados com MIC menor ou igual a 2 µg/mL são considerados sensíveis à vancomicina; as cepas de MIC entre 4 e 8 µg/mL são ditas de sensibilidade intermediária (VISA); e culturas com MIC maior do que 16 µg/mL são resistentes ao antimicrobiano (VRSA).

Embora estas categorias sejam amplamente conhecidas na microbiologia (sensível, intermediário e resistente), para *S. aureus* está sendo definida uma nova classificação: a hetero-resistência intermediária à vancomicina (hVISA). Essencialmente, um isolado hVISA é um isolado de *S. aureus* com MIC para vancomicina dentro da faixa suscetível quando avaliado pelo métodos convencionais de rotina, mas neste isolado há uma proporção da população de células (de uma célula em cada milhão de células) que está na faixa de sensibilidade intermediária(62). Estima-se que aproximadamente 60% dos isolados de MRSA com MIC de 2 µg/mL são cepas de hVISA(60).

Os métodos utilizados para triagem de detecção hVISA mais populares são os Etest modificados, como Macro-método Etest e o Etest GRD. Neste caso, utiliza-se maior concentração de inóculo (6×10^8 , equivalente a escala 2 de McFarland), incubação prolongada (48h) ou meio enriquecido para crescimento. O método para confirmação de hVISA é realizado com base no crescimento da cultura, sendo conhecido como análise de perfil da população (PAP). Embora o PAP seja o padrão-ouro, trata-se de um teste laborioso e cuja demora no resultado (3 a 5 dias) não permite sua aplicação na rotina clínica(60).

A importância clínica das cepas hVISA deve-se ao fato de que sua presença parece estar relacionada a maiores chances de falha terapêutica com vancomicina, especialmente em casos de bacteremia(63-66). No entanto, embora muitos pesquisadores estejam estudando as razões da falha no

tratamento com vancomicina, não há ainda um consenso estabelecido e vários estudos são controversos.

1.3 Fatores de virulência

A virulência é definida quando características como a capacidade de adesão ao hospedeiro e síntese de compostos (enzimas, toxinas, e outros) estão presentes em um microrganismo. A expressão coordenada dos componentes de virulência e das proteínas de superfície é necessária para o estabelecimento de uma infecção(67, 68).

Considerando que os estafilococos são componentes da microbiota, as patologias causadas por estes microrganismos dependem da produção de toxinas e enzimas, sendo a expressão delas controlada por um regulador global, o *locus agr - accessory gene regulator*(68, 69).

Tsompanidou et al. (2011) descreve que a expressão de diversos genes de virulência do *S. aureus* é comandada pelo *locus agr* que é um agrupamento de genes com atividade de *quorum sensing*(70). Assim, trata-se de um processo coordenado de comunicação intra e interespecies dos microrganismos mediado por sua densidade populacional, permitindo que as bactérias tenham capacidade de se comportar como organismos complexos, se comunicando e agindo coordenadamente, respondendo a diferentes estímulos de modo unificado(71).

Os fatores de virulência dos *S. aureus* podem ser classificados em três categorias: (I) os fatores associados com a aderência à matriz extracelular ou às células do hospedeiro, como a produção de moléculas de fibrinogênio, fibronectina, colágeno ou da enzima coagulase; (II) os fatores relacionados com a evasão da defesa do hospedeiro, como a proteína A, diversas enterotoxinas estafilocócicas, a toxina da síndrome do choque tóxico (TSST-1), lipases e polissacarídeos capsulares; e (III) os fatores relacionados com a invasão na célula do hospedeiro e a penetração nos tecidos ou adesão de superfícies de cateteres e próteses, os quais incluem as proteínas (toxinas) α , β , γ , δ -hemolisinas e a leucocidina de Panton-Valentine (PVL)(72).

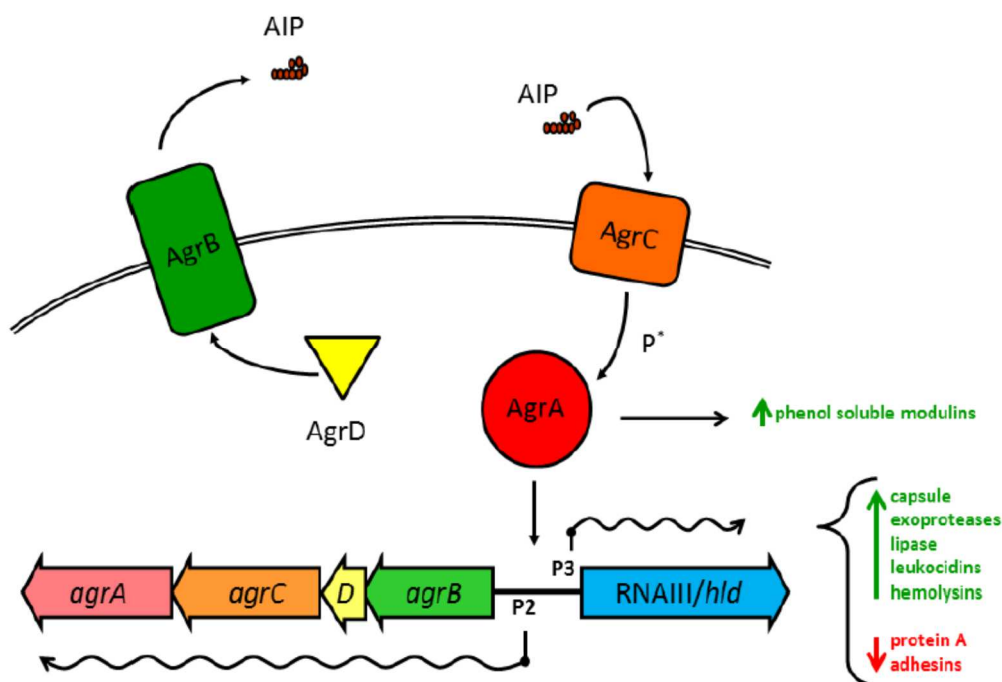
1.3.1 *locus agr* (*accessory gene regulator*)

O *locus agr* é um regulador transcricional que controla a expressão de

proteínas que estão associadas à virulência do *S. aureus*. Os fatores de virulência regulados pelo *agr* são divididos em duas classes: (a) fixação do microrganismo ao hospedeiro e evasão imune; (b) invasão e síntese de toxinas. A ativação do sistema *agr* muda as características do microrganismo, tornando-o um patógeno invasivo e agressivo(73).

Este sistema de regulação possui dupla ação: (a) inibição da transcrição de proteínas associadas a parede celular (proteína A, coagulase, fibronectina); (b) ativação de diversas exoproteínas (α -toxina, β -hemolisina, TSST-1, leucotoxina)(74). Através de uma reação em cadeia, envolvendo vários genes, o *agr* sintetiza o RNA III, o qual é molécula de RNA mensageiro (mRNA) que atua na transcrição e, em alguns casos, na tradução dos vários fatores de virulência, incluindo TSST-1 e hemolisinas(68).

Figura 2. Sistema de ativação do *agr*



Fonte: Gray et al., 2013(75)

O *locus agr* consiste em dois *operons* transcritos de forma divergente, a partir de dois promotores (P2 e P3), que produzem respectivamente, RNAII e RNAIII(69, 76). O promotor P2 faz a transcrição *agr* por meio do transcrito de RNAII, que engloba *agrA*, *agrB*, *agrC* e *agrD*(73); em seguida, o *agrA* é

fosforilado e tem uma interação com o promotor P3, assim tendo início a transcrição de RNA III(77), conforme é mostrado na Figura 2.

O promotor P3, responsável pela síntese de RNAIII, é o regulador do gene alvo, ou seja, ativa o nível de transcrição dos genes e, também, está ligado com a codificação da δ -hemolisina, a qual é uma importante reguladora da expressão de um grande número de genes de virulência(78).

Os isolados clínicos possuem *agr* em sua maioria, entretanto, alguns isolados de *S. aureus* expressam pouco ou não expressam esses fatores, levantando uma questão sobre seu preciso papel(79). A disfunção do *agr* pode ser verificada pela ausência da produção da δ -hemolisina(80), sendo esta disfunção associada com prolongamento da duração de bacteremias. O estudo realizado por Schweizer e colaboradores (2011) comparou a disfunção do *agr* e a mortalidade de pacientes graves, verificando uma maior tendência de mortalidade no caso de disfunção no *agr*(81).

1.3.2 Toxina δ -hemolisina

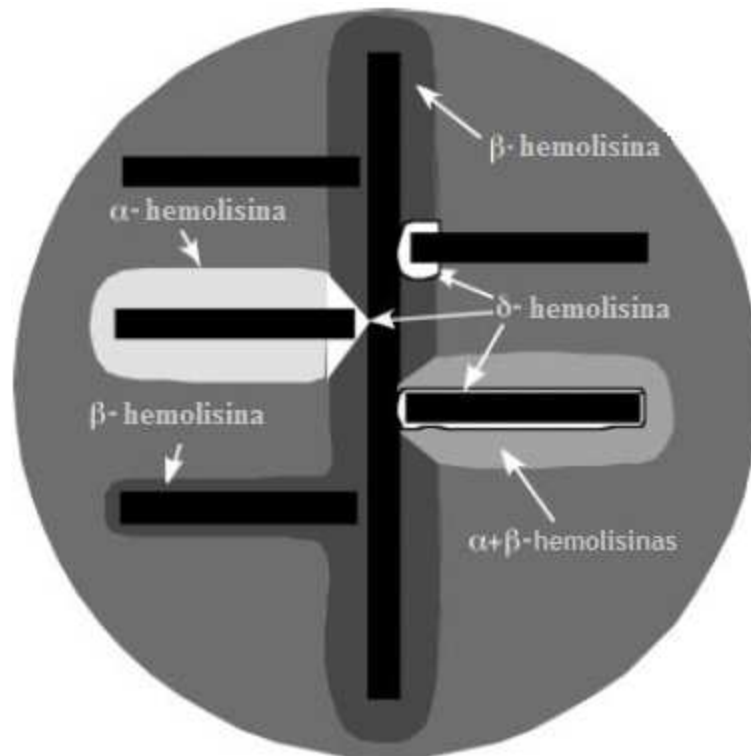
A maioria das espécies pertencentes ao gênero *Staphylococcus* produz a toxina δ -hemolisina, que também é conhecida como modulinas fenol solúveis γ (PSM γ)(82). É caracterizada como um peptídeo de 26 aminoácidos segregados, e a sua secreção ocorre no meio ou quase no final da fase exponencial de crescimento(83, 84). A toxina δ -hemolisina é codificada pelo gene *hld* que está localizado no RNAIII, sendo sua produção controlada pelo *agr*(75, 83, 85).

Há uma produção maior da toxina δ -hemolisina em isolados de *S. aureus* em cerca 97% em comparação aos SCN que é encontrada em 50 a 70% dos isolados. Embora a toxina δ -hemolisina cause efeitos citotóxicos, a sua importância na etiologia da doença não está totalmente elucidada (83, 86). Essa toxina é utilizada em muitos estudos através do método fenotípico pela hemólise sinérgica, para analisar a funcionalidade do *agr*, pois a produção da toxina δ -hemolisina é caracterizada pela funcionalidade do *agr*(81, 87, 88).

A identificação fenotípica da produção da toxina δ -hemolisina é determinada através de ágar sangue de carneiro utilizando uma cepa referência que produz apenas β -hemolisina em grande quantidade. Ocorre uma sinergia na lise de glóbulos vermelhos na atuação entre β e δ -hemolisinas,

portanto, quando há a produção a toxina δ -hemolisina ocorre um realce na zona de hemólise onde as hemolisinas coincidem(79) (Figura 3).

Figura 3. Determinação fenotípica da produção de δ -hemolisina em ágar sangue de carneiro



Fonte: Adaptada de Adhikari, Arvidson e Novick, 2007(89)

1.3.3 Leucocidina de Panton-Valentine (PVL)

As proteínas de superfície são um fator de grande relevância no que se refere a virulência dos microrganismos. A PVL tem sido relacionada como um fator de virulência em patologias como infecções graves de pele, tecidos moles, pneumonia necrotizante, entre outras(90).

Em 1932, a PVL foi descrita por Panton e Valentine como um fator de virulência e como uma toxina formadora de poros que causava morte celular, em especial de leucócitos(33, 72). Através de uma ação sinérgica de dois componentes de secreção (LukS-PV e LukF-PV), permite a entrada de cátions, como o Ca^{+2} , resultando na desgranulação celular e induzindo a citólise, atacando os leucócitos polimorfonucleares e os macrófagos(72, 91).

Conforme Otto (2013), no componente S foram identificadas três

proteínas (proteínas que eluem vagarosamente) e no componente F, identificadas duas proteínas (proteínas que eluem ligeiramente). A PVL tem atividade leucotóxica, não tem atividade hemolítica (forma poros que aumentam permeabilidade a cátions e causam instabilidade osmótica)(33).

Em estudo realizado por Gillet e colaboradores (2002), com casos retrospectivos e prospectivos quanto à presença de PVL, concluíram que a sua presença pode complicar síndromes gripais em crianças e adultos jovens saudáveis, levando à rápida progressão para pneumonia com hemoptise e leucopenia. A comparação das manifestações da doença quando há presença ou ausência da PVL é complicada, devido à diferença de idade. Entretanto constataram que os mais jovens correm mais risco de morte do que os idosos e enfermos homólogos(92).

Há associação entre isolados comunitários e resistentes à meticilina (CA-MRSA) com cassete cromossômico (SCCmec) do tipo IV e a PVL. A aquisição de PVL por isolados CA-MRSA mudou a epidemiologia das infecções, tanto hospitalares quanto comunitárias(93, 94).

1.3.4 Biofilme

Todo o gênero *Staphylococcus*, mas principalmente os CoNS tem sua patogenicidade atribuída fundamentalmente à habilidade de formação de biofilme, o principal fator de virulência desses microrganismos. O biofilme é uma matriz polimérica formada de células, proteínas e polissacarídeos de adesão em que os microrganismos podem prosperar e se replicar. Esse fator de virulência dá aos microrganismos uma proteção contra os antimicrobianos, bem como as defesas imunológicas e facilita a incorporação nos tecidos do hospedeiro ou até mesmo no interior de dispositivos médicos(95, 96).

Durante grande parte da história da microbiologia, acreditava-se que os microrganismos viviam somente de maneira planctônica, ou seja, células suspensas que circulam isoladamente. Porém, atualmente, sabe-se que os microrganismos possuem capacidade de se agregar e crescer em superfícies expostas, formando os biofilmes. Estes podem ser formados por células de várias ou de uma única espécie bacteriana que se comunicam entre si, através do sistema *quorum sensing*(97).

Muito importante em ambiente hospitalar, o biofilme bacteriano está relacionado com infecções decorrentes do uso de cateteres e próteses, sendo assim, as bactérias conseguem se aderir aos biomateriais e se multiplicam para que ocorra a formação do biofilme, o qual depende da espécie bacteriana, tipo de tensão e condições do ambiente. Devido à formação do biofilme, estas bactérias ficam mais resistentes frente aos antimicrobianos e desinfetantes; também são capazes de resistir a fagocitose e a outros componentes da imunidade inata e adaptativa, bem como sistema de defesa inflamatória do hospedeiro(98).

Araújo e Freire (2013) descrevem os três mecanismos existentes e que justificam a capacidade dos microrganismos que estão presentes nos biofilmes possuírem maior resistência frente aos antimicrobianos. Estes mecanismos são: a capacidade da matriz de exopolissacarídeos impedir o contato do agente antibacteriano com os microrganismos, funcionando como um filtro; as bactérias apresentarem um metabolismo mais lento e a capacidade de modificar e/ou neutralizar o agente (principalmente em biofilmes com mais de uma espécie)(71).

De acordo com Prakash, Veeregowada e Krishnappa(99), estudos realizados no *Centers for Disease Control and Prevention* (CDC) estimaram que 65% das infecções bacterianas desenvolvidas em humanos foram decorrentes da formação de biofilme. Já Behlau e Gilmore(100) descreveram que os biofilmes desempenham papel de extrema importância nas infecções crônicas associados ao uso de dispositivos médicos implantados, pois 60% das infecções nosocomiais estão relacionadas com a formação de biofilmes nestes dispositivos.

1.4 Epidemiologia

A epidemiologia utiliza-se de métodos quantitativos para estudar a ocorrência de doenças nas populações humanas e para definir estratégias de prevenção e controle. Neste sentido, estudos epidemiológicos fornecem dados aos profissionais e aos órgãos de saúde para decidirem sobre a execução de ações de controle. A realização deste tipo de estudos permite a disponibilização de informações atualizadas sobre a ocorrência dessas doenças e agravos, bem

como dos fatores que a condicionam, numa área geográfica ou população definida(101, 102).

O laboratório e as instituições de pesquisa assumem um papel importante no diagnóstico do agente infeccioso e participam ativamente nas ações de vigilância epidemiológica. A epidemiologia molecular é o ramo da ciência médica que utiliza tecnologias da biologia molecular no suporte às investigações epidemiológicas(103-105). Considerando a importância de estudos de prevalência e ocorrência de surtos, epidemias e mesmo de mapeamento de reservatórios microbianos, o uso de métodos moleculares está, muitas vezes, associado à métodos convencionais de isolamento e identificação bacteriano baseados em cultura(106, 107).

Os métodos tradicionais de tipagem de amostras bacterianas como a sorotipagem têm sido substituídos por métodos moleculares baseados em reação em cadeia da polimerase (PCR) ou na análise dos padrões de restrição do DNA cromossomal por eletroforese em gel de campo pulsado (PFGE)(108-111). Além disso, novos métodos moleculares ainda não tão disseminados no Brasil, baseados no sequenciamento de material genômico (MLST), também vêm cada vez mais ganhando espaço no ramo da bacteriologia(112). Todos estes métodos apresentam importante aplicabilidade no monitoramento de espécies e na detecção de linhagens ou variantes de populações microbianas(106, 113).

1.4.1 Métodos moleculares

1.4.1.1 PCR

Através da técnica de PCR é possível amplificar, de maneira seletiva, uma sequência específica de DNA com a finalidade de avaliar sua presença em determinado organismo. Para tanto, são empregados oligonucleotídeos iniciadores da reação (*primers*) que sejam específicos para região de interesse. O processo de replicação do DNA ocorre pela ação da enzima *Taq* DNA polimerase, sendo necessária a adição de co-fatores para reação. A presença

dos fragmentos de DNA amplificados é posteriormente verificada em gel de agarose acrescido brometo de etídio(114).

Mais de um conjunto de *primers* pode ser empregado em uma mesma reação, observando-se, entretanto, a temperatura ideal de anelamento para cada sequência. Este tipo de reação é chamada de *multiplex* PCR e, no caso dos estafilococos, tem aplicação na tipagem do *SCCmec* e do *locus agr*(115, 116). Considerando a variedade de tipos de *SCCmec* presentes nos *Staphylococcus*, este elemento também pode ser utilizado no estudo da epidemiologia destes microrganismos(117).

Outros métodos de tipagem molecular também utilizam a amplificação por PCR seguida de sequenciamento genético: tipagem da proteína A (*spa*) e tipagem por sequenciamento de *locus* diversos (MLST). A tipagem *spa* consiste no sequenciamento de um único *locus*, a região variável X do gene que codifica a proteína A em *S. aureus*. A diversidade do gene *spa* consiste no número variável de sequências de repetições com 24 pares de bases (pb) contidas na região X. Um código alfa numérico é atribuído a diferentes repetições, definindo a ordem de repetições específicas como tipos de *spa*(118).

O MLST é um método altamente discriminatório para tipagem de cepas e caracteriza isolados com base na sequência de fragmentos internos de aproximadamente 450 pb de sete genes constitutivos (*housekeeping*). Cada alelo recebe um número e através da combinação dos sete alelos (*multi locus*) é possível classificar cada isolado com um tipo de sequência (ST) que define a origem evolutiva dos isolados(119). Há uma boa correlação entre os grupos clonais determinados por MLST e pela tipagem *spa*(120).

1.4.1.2 PFGE

O desenvolvimento da técnica de PFGE foi realizado por Schwartz e Cantor (1984) originalmente para separação de cromossomos da levedura *Saccharomyces cerevisiae*. Caracteriza-se por ser uma eletroforese, onde complexos de ácidos nucleicos migram em um gel de agarose sob um campo elétrico alternado disposto em diferentes ângulos(121, 122).

O DNA cromossômico bacteriano é clivado com uma enzima de restrição e os fragmentos de DNA resultantes são separados por eletroforese em gel num campo elétrico, com um gradiente de pulso alternado. Os padrões de fragmentos resultantes são analisados por meio de um software específico. O PFGE oferece a vantagem de possibilitar a comparação entre laboratórios desde que se estabeleçam os mesmos critérios e padrões(114, 123).

Devido à possibilidade de transmissão vertical e horizontal das infecções em hospitais, frequentemente há o questionamento a respeito da clonalidade dos microrganismos isolados. Para a grande maioria das espécies, é de consenso geral que a técnica de PFGE é o padrão ouro quando o objetivo é avaliar a clonalidade entre isolados clínicos e que apresentam história compatível de transmissibilidade em um breve intervalo de tempo(110, 117, 124).

Segundo critérios de interpretação descritos por Tenover e colaboradores (1995), diferentes isolados que apresentam o mesmo padrão de fragmentos de DNA são considerados a mesma cepa. Para perfis que diferem de um a três fragmentos, os isolados são considerados estreitamente relacionados. Isolados que diferem de quatro a seis fragmentos, sugerem a ocorrência de eventos genéticos independentes e são considerados como possivelmente relacionados. Isolados com mais de seis bandas de diferença refletem a ocorrência de três ou mais eventos genéticos e são classificados como epidemiologicamente não relacionados(110). A análise de perfis eletroforéticos mais complexos requerem a utilização de programas computacionais para a análise e interpretação da estrutura genética e da inter-relação entre os microrganismos(125, 126).

2 OBJETIVO

Avaliar o resultado da terapia antimicrobiana em pacientes com infecções por *Staphylococcus spp.* internados e relacionar este desfecho a fatores microbiológicos e moleculares dos isolados, bem como a características clínicas e epidemiológicas dos pacientes.

2.1 Objetivos específicos

- Identificar as espécies isoladas e determinar o perfil epidemiológico dos pacientes acometidos com infecções por *Staphylococcus spp.*, avaliando as principais características clínicas e respectivas co-morbidades;
- Verificar o perfil de sensibilidade à meticilina/oxacilina dos isolados de *Staphylococcus spp.*, estabelecer a concentração mínima inibitória (MIC) de vancomicina e identificar a presença de cepas de estafilococos com hetero-resistência intermediária à vancomicina (hVIS);
- Monitorar os níveis séricos de vancomicina dos pacientes em tratamento com este antimicrobiano, verificando a manutenção da concentração na faixa terapêutica;
- Analisar as características microbiológicas e moleculares das cepas de estafilococos isoladas em pacientes internados, verificando a presença de fatores de virulência e genes envolvidos com resistência, como formação de biofilme, presença de leucocidina Panton-Valentine – PVL, δ -hemolisina (gene *hld*), gene acessório regulador – *agr*; gene codificador de resistência à meticilina – *mecA* e tipo de cassete *SCCmec*;
- Avaliar o desfecho da terapia em infecções por estafilococos (alta ou óbito e tempo de internação hospitalar).

3 MANUSCRITOS

3.1 Associação entre desfecho e resistência antimicrobiana

Multidrug-resistant *Staphylococcus* spp. and its impact in patient outcome

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Artigo aceito pelo periódico American Journal of Infection Control

Multidrug-resistant *Staphylococcus* spp. and its impact in patient outcome

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Staphylococcal infections: resistance and outcome

Word count: 989 words

Abstract

To analyze the outcome, clinical features and resistance of *Staphylococcus* spp. infections, a prospective cohort study was conducted at a 234-bed, tertiary care teaching hospital. Multidrug-resistant (MDR) infections were associated with increased mortality and length of hospital stay (LOS), whereas methicillin resistance (MRS) was correlated with prolonged LOS after infection. These data highlight the importance of infection control and antibiotic stewardship to prevent the emergence and the spread of MRS and MDR healthcare-associated infections.

Introduction

Staphylococcus aureus is an important cause of community-acquired and health care-associated infections(1). Morbidity and mortality rates associated with *S. aureus* have increased in recent years, especially in cases of resistant strains(2). Coagulase-negative *Staphylococcus* (CoNS) is the most common opportunist pathogen associated with hospital-acquired central line infections and its pathogenicity is mainly due to the ability to form biofilms on medical devices(3).

The purpose of this study was to analyze the outcome (mortality and length of hospital stay), clinical features and resistance profile of *Staphylococcus* spp. infections.

Furthermore, a secondary objective was to determine the independent risk factors for 30-day mortality in Staphylococcal infection cases.

Methods

A prospective cohort study was conducted at a 234-bed, tertiary care, teaching hospital located in southern Brazil. Adult inpatients admitted between July 2012 and June 2014 with a positive culture for *Staphylococcus* spp. were eligible for inclusion. Samples were excluded in cases of duplicates or recurrent infections. The study was reviewed

and approved by the Research Ethics Committee of UFCSPA (1779/12).

Healthcare-associated (HA) and community-acquired (CA) infections, type of infection and multidrug-resistance (MDR) were determined according to CDC and previously described criteria(4).

Antimicrobial susceptibility and minimum inhibitory concentration (MIC) through broth microdilution (BMD) were performed according to CLSI (2015). In order to confirm methicillin resistance *mecA* gene was assessed.

Variables were compared using Chi-square or Mann-Whitney U-test, as appropriate, by SPSS software, version 20.0 (SPSS Inc, Chicago, IL, USA). A p -value ≤ 0.05 was considered statistically significant. Multivariate logistic regression analysis was performed to identify independent risk factors for 30-day mortality.

Results

During the study period, 109 patients were included and 126 episodes of Staphylococcal infections were reported. Patients had a median Charlson comorbidity score of 2 (IQR, 1-3) and 69 patients (63%) had cardiovascular disease as comorbidity. Twenty-seven patients (25%) died and the median length of stay (LOS) was 30 days (IQR: 13-54). Ninety-one cases (72%) were considered as HA-infections and mortality was higher in comparison to CA-infections (25% vs. 10%, $p=0.056$).

The most common infection sites were skin and soft tissue (SST) or surgical site infections (SSI) (34%), bloodstream infections (BSI) (32%), pneumonia (PNEU) and lower respiratory tract infections (LRI) (31%). SSI and SST were more frequent for *S. aureus* (42%), while BSI represented 40% of CoNS infections.

S. aureus was the etiologic agent responsible for 73 cases (58%). The most recurrent

species in CoNS infections (n=53) were *S. epidermidis* (62%), *S. lugdunensis* (15%), *S. hominis* (8%), *S. warneri* (6%), *S. haemolyticus* (6%). Differences between *S. aureus* and CoNS infections are shown in Table 1.

The independent risk factors associated with 30-day mortality for Staphylococcal infections were MDR (OR= 3.92, 95% CI: 1.31-11.76, $p= 0.015$), age (OR= 1.03, 95% CI: 1.00-1.06, $p= 0.032$) and Charlson comorbidity score (OR= 1.36, 95% CI: 1.08-1.71, $p= 0.009$). No association with mortality was detected for methicillin-resistant isolates ($p=0.330$) and neither *S. aureus* nor CoNS were correlated with death ($p=0.447$).

MDR was associated with 30-day mortality for *S. aureus* infections (Table 2), whereas Charlson comorbidity index was correlated with the 30-day mortality for CoNS infections (OR= 1.56, 95% CI: 1.13-2.16, $p= 0.006$).

Discussion

A high mortality rate for *S. aureus* BSI and PNEU was reported in this study and the difference compared to a previous report(5) could be explained by a lower rate of CA-infections, which is usually associated with reduced mortality. Traditionally, lower mortality rates were associated to BSI caused by CoNS; however, in another previous study it was about 26%(6). A similar mortality rate was found in the current study and, surprisingly, there was no significant difference between mortality for *S. aureus* and CoNS infections. Considering the clinical features of CoNS infections, these data suggest the importance of hospital infection prevention and control programs, especially in ICU-admitted patients with invasive devices(3).

LOS is another important outcome, since it is responsible for an increase of in-hospital costs(7). Limited data were available for CoNS infections, but similar length of ICU

stay (24 days) was reported in a previous study(6). Unlike our findings, a long LOS (42 days) was previously verified for *S. aureus* infections(8) and the difference could probably be attributed to the low prevalence of methicillin resistance.

The influence of vancomycin MIC on outcome has been thoroughly investigated in four meta-analyses. According to the most recent one(9), there were no significant differences in the risk of death when comparing high-VAN MIC (≥ 1.5 mg/L) with low-VAN MIC, data similar to our findings.

Disagreements about the impact of methicillin resistance on mortality have been reported and meta-analyses including studies published until the year 2000 observed a 2-fold increased risk of mortality(2). Thereafter, in agreement with the present study, individual studies found no association with mortality after adjustments for confounders(1). Similarly to previous studies(1,8), LOS was prolonged in cases of methicillin resistance.

Regarding MDR, gram-negative pathogens have been of the most concern. In the present study, however, MDR *Staphylococcus* spp. and MDR *S. aureus* were independently associated with 30-day mortality and no previous study described this effect on the outcome. Differences between the impact of methicillin-resistant and MDR strains on outcome are probably related to the presence of distinct types of Staphylococcal cassette chromosome *mecA* (SCC*mec*), which encodes resistance to β -lactam and other antibiotic classes.

Considering the impact of methicillin-resistant and MDR isolates on outcome and therefore on hospital costs, antimicrobial stewardship is recommended to decrease the selective pressure produced by antibiotic prescribing(10).

Our study should be interpreted considering the fact that it is a single-center study with

a small sample size as limitation. However, despite of the limitation, our findings highlight the importance of developing guidelines aimed at the prevention of methicillin-resistant and MDR *Staphylococcus* spp. dissemination within healthcare settings. Thus, appropriate hand hygiene, contact isolation, cohorting patients and decrease in LOS are measures to prevent mainly the spread of opportunistic pathogens such as CoNS. Furthermore, antimicrobial stewardship is another essential tool to prevent the emergence of resistant strains, which were associated with increased mortality and LOS.

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Table 1. Comparison of patient demographics and outcome in *S. aureus* and Coagulase-negative *Staphylococcus* infections

Variables, n (%)	<i>S. aureus</i> (n= 73)	CoNS (n= 53)	<i>p</i> -value
Gender			
Male	42 (57)	28 (53)	0.840
Charlson comorbidity score, median (IQR)	2 (0-3)	2 (1-3)	0.430
Previous healthcare institution exposure	47 (64)	20 (38)	0.014
ICU admission	36 (49)	36 (68)	0.072
Invasive procedures / devices			
CVC	35 (48)	35 (66)	0.099
Mechanical ventilation	29 (40)	31 (58)	0.082
Urinary catheter	44 (60)	34 (64)	0.764
Surgery	49 (67)	33 (62)	0.731
Acquisition of infection			
Healthcare-associated	44 (60)	46 (85)	0.007
LOS (days), median (IQR)			
Hospital	25 (10-55)	33 (19-54)	0.068
Post-infection	12 (3-29)	18 (10-38)	0.026

ICU	8 (1-15)	15 (9-27)	0.004
Mortality			
30-day mortality	20 (27)	11 (21)	0.447
Antimicrobial resistance			
Methicillin-resistant	11 (15)	44 (83)	<0.001
Multidrug-resistant	25 (34)	38 (72)	<0.001
VAN MIC (mg/L), mean $\pm$ SD			
BMD	1.19 $\pm$ 1.06	1.47 $\pm$ 0.69	0.003
Etest	1.71 $\pm$ 1.15	1.96 $\pm$ 0.66	0.002

IQR, interquartile range; LOS, length of stay; ICU, intensive care unit; CVC, Central venous catheter; VAN MIC, Vancomycin minimum inhibitory concentration; BMD, broth microdilution.

Table 2. Factors associated with 30-day all-cause mortality in cases *S. aureus* infections (n= 73)

Variable, n (%)	30-day all-cause mortality		Statistical analysis	
	Survival (n= 53)	Non-survival (n= 20)	Univariate p-value	Multivariate p-value; OR (95% CI)
Pathogen				
MRSA	4 (8)	7 (33)	0.033	0.650; 1.58 (0.22-11.40)
MDR	12 (23)	13 (63)	0.004	0.028; 5.13 (1.20-22.05)
VAN MIC $\geq$ 1.5 mg/L (Etest)	36 (69)	13 (68)	1.000	-
Subject				
Male	31 (58)	11 (53)	0.880	-
Age (years), median (IQR)	67 (42-76)	66 (54-82)	0.237	-
Charlson comorbidity score, median (IQR)	1 (0-2)	3 (2-4)	0.003	0.314; 1.23 (0.82-1.85)
Sepsis/Shock	8 (15)	12 (60)	0.001	0.148; 3,75 (0.63-22.42)

Hospital-associated infection	29 (54)	16 (79)	0.110	-
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OR, odds ratio; CI, confidence interval; MRSA, methicillin-resistant *S. aureus*; MDR, multidrug-resistant; VAN MIC, Vancomycin minimum inhibitory concentration; IQR, interquartile range; ICU, intensive care unit.

3.2 Relação do desfecho com fatores de virulência e moleculares

***Staphylococcus aureus* infections: the role of virulence factors and antimicrobial resistance on pathogenesis and patient outcome**

Janine de Melo Rauber, Guilherme Henrique de Oliveira Arnhold, Patrícia Raquel Wappler, Gabriele de Moura Baierle, Barbara Bagiotto, Marcelo Carneiro, Pedro Alves d'Azevedo, Andréia Rosane de Moura Valim

Artigo a ser submetido ao periódico Virulence

***Staphylococcus aureus* infections: the role of virulence factors and antimicrobial resistance on pathogenesis and patient outcome**

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Keywords. *Staphylococcus aureus*; Virulence factors; Accessory gene regulator; Panton-Valentine leucocidin; Staphylococcal cassette chromosome *mec*; Molecular epidemiology.

Abbreviations. Vancomycin-resistant *Staphylococcus aureus* (VRSA); vancomycin-intermediate *S. aureus* (VISA); heterogeneous vancomycin-intermediate *S. aureus* (hVISA); community-acquired (CA); healthcare-associated (HA); Panton-Valentine

leucocidin (PVL); Staphylococcal cassette chromosome *mec* (SCC*mec*); accessory gene regulator (*agr*); minimum inhibitory concentration (MIC); penicillin-binding protein (PBP); skin and soft tissue (SST); surgical site infection (SSI); bloodstream infection (BSI); pneumonia (PNEU); lower respiratory tract infections (LRI); length of stay (LOS); intensive care unit (ICU); polymerase chain reaction (PCR); broth microdilution (BMD); brain heart infusion (BHI); population analysis profile / area under the curve (PAP/AUC); Clinical Laboratory Standards Institute (CLSI); Multidrug resistance (MDR).

Abstract

Staphylococcus aureus is an important cause of community-acquired (CA) and healthcare-associated (HA) infections. The success of *S. aureus* as pathogen is a result of the expression of several virulence factors combined with antimicrobial resistance. To determine molecular characteristics and virulence factors in *S. aureus* isolates and their association with resistance and patient outcome, 83 samples were evaluated to assess antimicrobial susceptibility, Panton-Valentine leucocidin (PVL) presence, Staphylococcal cassette chromosome *mec* (SCC*mec*) and accessory gene regulator (*agr*) typing, biofilm and δ -hemolysin production. PVL was detected in 25 isolates (30%), most of strains were typed as SCC*mec* IV (35%), SCC*mec* III (14%), *agr* I (46%), *agr* II (24%) and the absence of *agr* was verified in 11% (*agr*-defective). 30-day mortality was 28% and there was no influence of *agr*-defective or functional *agr* status. The *agr*-defective strains were associated to vancomycin minimum inhibitory concentration (MIC) increase and heterogeneous vancomycin-intermediate isolates (hVISA). The *agr* dysfunction was found in 28% of cases and was significantly higher in methicillin-resistant strains (MRSA). Although no association was found with outcome, epidemiological studies remain an essential tool for surveillance and have contributed to the knowledge about pathogenesis, adaptation to environment, antimicrobial resistance and virulence acquisition.

Introduction

Staphylococcus aureus is a common cause of infection, responsible for skin infections and serious invasive diseases¹. Colonization by *S. aureus* is an important risk factor for infection² and the accessory gene regulator (*agr*) plays a significant role in Staphylococcal pathogenesis³. The *agr* quorum-sensing system upregulates secreted virulence factors and downregulates cell surface proteins, thereby managing invasiveness and cell dispersal from biofilms⁴. Mutations causing *agr* dysfunction influence disease development and the production of δ -hemolysin from RNAlII translation indicates a functional *agr* status^{5, 6}.

Biofilm production and Panton-Valentine leucocidin (PVL) are among the major virulence factors of *S. aureus* controlled by *agr*. Biofilm consists of sticky, surface-attached agglomerations of bacteria and it is difficult to treat, because the association of biofilm matrix and phenotypic characteristics of the bacteria confer resistance to the host immune response and antimicrobial drugs^{7, 8}. In nosocomial infections, *S. aureus* ability to form biofilm in indwelling medical devices is essential to cause disease⁹. PVL, a bicomponent cytotoxin encoded by *lukS-PV* and *lukF-PV* genes, was associated with necrotic skin lesions including severe necrotizing pneumonia¹⁰⁻¹². Although the exact role of PVL in *S. aureus* pathogenesis is unclear¹³, in specific infection types and scenarios, PVL appears to significantly contribute to disease severity¹⁴.

Due the outstanding ability to acquire resistance to antibiotics, the prevalence of methicillin-resistant *S. aureus* (MRSA) has increased over the last decades¹⁵. The Staphylococcal cassette chromosome *mec* (*SCCmec*) harbors the *mecA* gene, which is responsible for the methicillin resistance of *S. aureus* by encoding a novel penicillin-binding protein (PBP) designated PBP2a¹⁶. *SCCmec* is a mobile genetic element (MGE)

in MRSA and has been differentiated into at least 12 genetic types¹⁷, among which types I to III are commonly found in healthcare-associated (HA)-MRSA, while type IV and V were reported to be frequently found in community-acquired (CA)-MRSA¹⁸. However, studies have suggested that CA-MRSA strains may be encroaching on nosocomial environment^{19, 20}, which makes distinction between HA and CA-MRSA strains more difficult in terms of SCC*mec* type.

In addition to methicillin resistance, strains with reduced susceptibility to vancomycin (VISA and hVISA) have arisen and reports of heteroresistance in *S. aureus* infections are increasingly frequent²¹. Interestingly, *vanA*, *vanB*, and *vanC* genes that mediate resistance in vancomycin-resistant isolates (VRSA) were not found in VISA and hVISA strains²². Although the genetic basis has not been determined in general, the presence of a thickened cell wall with several more peptidoglycan layers appears to be responsible for reduced susceptibility to vancomycin²³. The association between reduced susceptibility to vancomycin and dysfunctional *agr* can explain the VISA and hVISA phenotypes, since the *agr* system represses cell-wall proteins and activates exoprotein secretion²⁴.

Thus, the coordinated expression of several virulence factors coupled with antimicrobial resistance in adaptation to different environments has ensured the success of *S. aureus* as a pathogen. In order to increase the knowledge on *S. aureus* pathogenesis, the aim of the study was to determine molecular characteristics and virulence factors in *S. aureus* isolates and their association with antimicrobial resistance and patient outcome.

Results

During the study period, 83 episodes of *S. aureus* infections were reported. Fifty

samples (60%) were isolated from male and 74 (89%) from adult patients. Patients had a median Charlson comorbidity score of 2 (IQR, 0-3) and 56% had cardiovascular diseases, 18% endocrinological, 16% neurological and 15% of patients had respiratory diseases as comorbidities. Fifty-four (65%) of the events were classified as HA infections. Shock episodes were documented in 16 patients (19%) and 44 (53%) were admitted at the ICU. The most common infection sites were skin and soft tissue (SST) and surgical site infection (SSI) (39%), bloodstream infection (BSI) (31%), pneumonia (PNEU) and lower respiratory tract infections (LRI) (27%).

Strain characteristics are listed in Table 1. Most biofilm-producing strains were methicillin-susceptible (95 vs. 67%, $p = 0.014$). PVL was detected mainly in PNEU and LRI (39%), followed by SST and SSI (25%), and BSI (21%). Similar rates of PVL prevalence were observed in CA and HA infections (28 vs. 30%, $p = 1.000$). There was no difference in PVL frequency between MRSA and MSSA strains (28 vs. 43%, $p = 0.330$), and hVISA isolates ($p = 0.888$). However, PVL-positive strains showed a decrease in MDR phenotype (38 vs. 16%, $p = 0.094$). Six isolates of MRSA were PVL positive and SCCmec detected were type IVc (33%), type IVa (17%) and simultaneous detection of two types (50%). Regarding *agr*, all *agr* type IV samples showed PVL, whereas for other *agr* types (I, II and III) the PVL frequency range was between 30 to 40%.

Table 2 shows the association between *agr* status and resistance profile of strains or patients' outcome. Absence of *agr* (*agr*-defective) was associated to vancomycin MIC increase detected by Etest and the hVISA phenotype was more frequently observed in *agr*-defective strains. *agr* dysfunction was significantly higher in MRSA and MDR isolates ($p = 0.002$). The *agr* status (defective and dysfunctional) was similar in CA and HA infections and did not affect the frequency of shock in patients. There was no

influence of *agr*-defective or functional *agr* status on outcome (mortality and LOS). Biofilm production did not affect the mortality rate ($p= 1.000$) and there was no difference in 30-day mortality between PVL positive and negative strains (16 vs. 26%, $p= 0.462$).

Discussion

SCC*mec* and *agr* type prevalence varies considerably due to geographical location, as well the presence of virulence factors. Moreover, the frequency of these epidemiological markers is different according to the type of infection^{12, 25}. Whereas the present study provides a molecular evaluation in different infections (BSI, PNEU, LRI, SST, SSI and UTI), a comparison with previous studies is difficult, since many studies evaluate only specific types of infection, e.g., bacteremia. However, similarly to our findings, a recent study in northeast Brazil²⁶ including different types of infection reported SCC*mec* types III and IV as more frequently isolated and Kimura et al.²⁷ found SCC*mec* type IV as predominant in blood, skin, and soft tissue isolates in Japan.

The SCC*mec* type IV is usually associated to CA-MRSA isolates and the high prevalence of this specific type can be explained by a successful combination of methicillin resistance with virulence verified in CA-MRSA infections¹⁴. Differences in fitness cost were detected comparing SCC*mec* types I and IV, proving that the presence of SCC*mec* type IV decreases the energetic cost in methicillin-resistant strains²⁸. Furthermore, the expression of *mecA* gene is responsible for reducing the ability to secrete toxins. CA-MRSA expresses less PBP2a than HA-MRSA and, thus, it has a higher virulence expression combined with methicillin resistance, contributing to its success in the environment²⁹.

CA-MRSA is associated with an increased presence of virulence factors, including

PVL^{14, 30}. However, Brust et al.³¹ reported sixteen PVL-positive strains in an HA-MRSA outbreak. Moreover, in agreement with the current study, a high rate of HA-MRSA encoding PVL was described in a previous study³² and there was no difference in PVL prevalence between CA and HA infections reported by Yu et al.³³.

Although poorly investigated, PVL is also encoded by MSSA isolates and a high frequency has been reported in Africa or Asia compared to the United States^{34, 35}. The high frequency of PVL among MSSA strains is of special interest, since the most successful CA-MRSA clones share this genetic marker. A previous study assessing the genetic diversity indicated a probable dissemination of novel SCCmec elements among pre-existing PVL positive MSSA strains, rather than the spread of PVL phages among MRSA strains³⁶. Similarly to our findings, Campbell et al.³⁷ found no difference in the PVL rates between MRSA and MSSA isolates.

In contrast to our study, Nurjadi et al.³⁸ described a higher MDR phenotype in PVL-positive strains. However, there is a significant difference in MDR definition between the current and the previous studies. Whereas for Nurjadi et al.³⁸ MDR means a resistance to any two or more antibiotics, for our study MDR means a resistance to at least three agents of different antimicrobial categories³⁹. Thus, a greater number of isolates was defined as MDR in the previous study when compared with the current, explaining the contrast in results.

Biofilm is another important virulence factor in *S. aureus* infections. McCarthy et al.⁴⁰ described different mechanisms used by MSSA and MRSA isolates to form biofilm and how the acquisition or loss of methicillin resistance impacts on biofilm production. Clinical MSSA strains predominantly form biofilm dependent on the *icaADBC* operon and polysaccharide intercellular adhesin (PIA) production, whereas MRSA strains form

biofilms independent of PIA⁴¹. Regarding the acquisition of methicillin resistance, a high level of *mecA* gene expression is associated with repression of the *agr* system, leading to changes in cell wall, decrease in cytotoxin production and attenuated virulence^{29, 42}. Our findings are in agreement with those, since we reported a lower biofilm production by MRSA isolates.

Most studies have evaluated *agr* dysfunction, rather than *agr* absence. *agr* dysfunction was associated with an elevated vancomycin MIC⁴³ and with hVISA phenotype⁴⁴, but in the present study a high MIC and heteroresistance were associated with *agr* absence. Results are similar, since a strain with *agr* absence will mandatorily not produce delta-hemolysin and will therefore be classified as dysfunctional *agr* isolate. In addition, our study has shown that *agr* dysfunction was significantly higher in MRSA and MDR isolates. According to Rudkin et al.⁴⁵, a high level of expression of PBP2a affects the responsiveness of the *agr* system and subsequently affects delta-hemolysin expression; therefore, the resistant strains have more *agr* dysfunction.

Paulander et al.⁴⁶ reported that the presence of the *agr* system imposes a fitness cost for *S. aureus* due the expression of RNAPIII and indicated a possible adaptation against antibiotic pressure involving the loss of *agr*. Thus, the extensive use of antibiotics in hospitals can explain the reason for the high frequency of *agr*-negative isolation from nosocomial infections, when compared to community-acquired infections⁴⁷. CA-MRSA strains probably require *agr* expression to evade innate host defenses and produce toxins, whereas HA-MRSA strains do not require high virulence expression to affect immunocompromised and critically-ill patients using medical devices such as intravascular catheters⁴⁸. The activation of *agr* is suggested to be energetically expensive and, therefore, transition to a dysfunctional *agr* status is beneficial for long-term survival once innate host defenses have been evaded⁴⁹.

Antibiotic resistance genes are often located on MGEs such as transposons, plasmids, or genomic islands and *SCCmec* is an important element in *S. aureus*⁵⁰. MGEs contain antibiotic resistance genes and usually do not contain genes for virulence determinants⁵¹. However, Kaito et al.⁵² reported that the *psm-mec* gene, initially described in *SCCmec* types II and III, is responsible for virulence regulation, representing the first toxin gene of *S. aureus* co-localized on MGEs with antibiotic resistance genes⁵¹. The *SCCmec* of CA-MRSA does not contain the *psm-mec* gene, unlike the HA-MRSA *SCCmec*. Furthermore, some HA-MRSA strains carry mutated *psm-mec* or no *psm-mec* and produce higher amounts of extracellular toxins than HA-MRSA strains carrying intact *psm-mec*⁵². The transcription product of the *psm-mec* gene, located in the mobile genetic element *SCCmec* of HA-MRSA, but not in CA-MRSA, suppresses the expression of phenol-soluble modulins (PSMs), a cytolytic toxin of *S. aureus*, increases biofilm formation and acts as a regulator by inhibiting *AgrA* translation⁵³. In addition to the high frequency of *agr* loss or dysfunction, the presence of *psm-mec* gene in HA-MRSA strains can explain the reason of attenuated virulence compared to CA-MRSA isolates. The inhibition of the *agr* system by *psm-mec* might contribute to less energy-consuming and fitness to the antibiotic environment, since nosocomial strains do not require evading the host's defense barriers⁵³.

Similar to our findings, in a meta-analysis about the role of the PVL in Staphylococcal disease¹², PVL strains were not associated with increased mortality, prolonged hospital stay or increased disease severity, when assessed by the Acute Physiology and Chronic Health Evaluation II (APACHE) score. Poor evidence correlating biofilm production of *S. aureus* and outcome are available, but for *S. epidermidis* orthopedic device-related infections, the biofilm-forming ability affected the treatment outcome⁵⁴.

Previous studies have correlated *agr* dysfunction with higher mortality and prolonged

bacteremia, but the precise mechanism has yet to be established^{55, 56}. According to Kang et al.²⁵, mortality attributed to MRSA bacteremia was less frequent in SCCmec type IV strains than types II and III. The present study found no association between outcome and *agr* function or SCCmec type; however, different types of infection were evaluated, instead of bacteremia. Pragman et al.⁵⁷ reported that *in vivo* expression of *S. aureus* virulence genes must occur in response to other virulence regulators rather than *agr* and, thus, *agr* system is not the master virulence regulator as described *in vitro*. The role of *agr* appears to be more related with pathogenesis than disease development or outcome, since down-regulation of *agr* is associated with colonization and *agr* activation with host invasion^{25, 58}.

Indeed, the success of *S. aureus* as a pathogen is a combination of virulence and resistance in environment; thus, the regulatory interdependence of the *mec* and *agr* systems may contribute to balancing these two important energy-consuming pathogenesis mechanisms. Although no association was identified between virulence factors and outcome in our study, a better understanding of the molecular epidemiology and the complex pathogen–host interactions can improve the design of strategies for prevention and treatment of *S. aureus* infections. Furthermore, epidemiological studies remain an essential surveillance tool and have contributed to the knowledge about pathogenesis, adaptation to environment, antimicrobial resistance and virulence acquisition.

Materials and Methods

Study Design and Population

A prospective cohort study was conducted at a 234-bed, tertiary care teaching hospital located in southern Brazil. Patients who had an inpatient positive culture for *S. aureus*

admitted between July 2012 and June 2014 were eligible for inclusion. Samples were excluded in cases of duplicates or relapse of current infections. The study was reviewed and approved by the Research Ethics Committee of Universidade Federal de Ciências da Saúde de Porto Alegre (1779/12).

Clinical Data and Definitions

The following information was collected from the patients' medical records using a standardized data collection form: demography characteristics, medical history (ICD – International Classification of Disease), previous healthcare institution exposure, comorbidities, Charlson comorbidity score⁵⁹, intensive care unit (ICU) admission, antimicrobial treatment, history of surgery or invasive devices, sepsis and/or shock⁶⁰, length of hospital stay, and outcome (discharge from hospital or 30-day all-cause mortality).

Definitions of clinical outcomes were adapted from clinical studies of patients with Staphylococcal infections^{61, 62}. Healthcare-associated (HA), community-acquired (CA) infections and type of infection were determined according to previously described definitions and criteria^{63, 64}.

Multidrug resistance (MDR) was defined as non-susceptibility to at least one agent in three or more antimicrobial categories³⁹.

Microbiological and Molecular Methods

All isolates were identified according to standard methods⁶⁵. Individual isolates were then stored in skim milk with 20% glycerol at -20°C until microbiological testing was performed. Genomic DNA was extracted using the Wizard Genomic DNA Purification Kit (Promega Corporation).

Antimicrobial susceptibility: Initial testing for methicillin resistance was performed according to the Clinical Laboratory Standards Institute (CLSI) guidelines, using a 30- μ g cefoxitin disc and Mueller-Hinton agar. Susceptibility tests for other antimicrobials were assessed using the Kirby-Bauer disc diffusion method according to CLSI.

Vancomycin minimum inhibitory concentration (MIC) was determined through the broth microdilution (BMD) and Etest (bioMérieux) methods, performed in agreement with the CLSI guidelines and the manufacturer's instructions, respectively. Screening test for hVISA was performed using brain heart infusion (BHI) agar plates containing 6 μ g/mL of vancomycin (Sigma) and ATCC 700698 (Mu3), which was used as positive control. hVISA isolates were confirmed using the population analysis profile / area under the curve (PAP/AUC) method⁶⁶.

Biofilm: A microtiter plate assay was performed as described by Stepanovic et al.⁶⁷, with some modifications.

Delta-hemolysin: The expression of the *agr* gene cluster was determined by quantitating delta-hemolysin production, utilizing a previously described method⁶⁸.

Molecular analysis: *mecA* gene detection by polymerase chain reaction (PCR) was performed to confirm methicillin resistance of isolates⁶⁹. The staphylococcal cassette chromosome *mec* (SCC*mec*) type and accessory gene regulator (*agr*) genotype were characterized using multiplex PCR, as previously described^{70, 71}. PCR for the presence of the gene encoding Panton-Valentine Leucocidin (PVL) was performed as described by Lina et al.¹⁰.

Statistical Analysis

Categorical variables were compared using Chi-square or Fisher's exact test and continuous variables were compared using the Mann-Whitney U-test, as appropriate.

All analyses were performed using the computer software SPSS version 20.0 (SPSS Inc, Chicago, IL, USA). A p-value ≤ 0.05 was considered statistically significant.

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Table 1. Microbiological and molecular characteristics of *S. aureus* isolates in
community-acquired and healthcare-associated infections

Characteristics, n (%)	<i>S. aureus</i> (n= 83)	CA (n= 29)	HA (n= 54)	p-value
Resistant to				
Methicillin	14 (17)	2 (7)	12 (22)	0.124
Ciprofloxacin	18 (22)	4 (14)	14 (26)	0.039
Clindamycin	34 (41)	7 (24)	27 (50)	0.034
Erythromycin	42 (51)	11 (38)	31 (57)	0.212
Gentamicin	10 (12)	1 (3)	9 (17)	0.151
Penicillin	66 (80)	25 (86)	41 (76)	0.545
Rifampicin	6 (7)	2 (7)	4 (7)	1.000
Sulfametoazole- trimethoprim	10 (12)	0	10 (19)	0.008
Multidrug-resistant	26 (31)	8 (28)	18 (33)	0.845
VAN MIC (mg/L), mean $\pm$ SD				
BMD	1.15 $\pm$ 0.98	1.03 $\pm$ 0.51	1.22 $\pm$ 1.18	0.948
Etest	1.61 $\pm$ 1.06	1.51 $\pm$ 0.77	1.69 $\pm$ 1.23	0.637
hVISA	8 (10)	2 (7)	6 (10)	0.992
SCCmec type ^a	(n= 14)	(n= 2)	(n= 12)	0.389
I	0	0	0	-
II	1 (7)	0	1 (10)	-
III	2 (14)	0	2 (20)	-
IVa	2 (14)	0	2 (20)	-
IVb	0	0	0	-
IVc	2 (14)	1 (50)	1 (10)	-
IVd	1 (7)	0	1 (10)	-
V	0	0	0	-
NT	2 (14)	0	2 (20)	-
2 types	4 (30)	1 (50)	3 (30)	-
3 types	0	0	0	-
Virulence factors				
Biofilm producers	75 (90)	27 (93)	48 (89)	0.918
Strong biofilm	38 (46)	15 (52)	23 (43)	0.583
Delta-hemolysis	59 (71)	18 (62)	41 (76)	0.224
PVL	25 (30)	8 (28)	16 (30)	1.000
<i>agr</i> type				0.016
I	38 (46)	9 (32)	29 (54)	-
II	20 (24)	9 (32)	11 (23)	-
III	14 (17)	9 (32)	5 (9)	-
IV	2 (2)	0	2 (4)	-

Absent / none	9 (11)	2 (7)	7 (13)	0.794
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^a evaluated only for methicillin resistant isolates (n= 14); CA, community-acquired infection; HA, healthcare-associated infection; VAN MIC, Vancomycin minimum inhibitory concentration; BMD, broth microdilution; SD, standard deviation; hVISA, heterogeneous vancomycin-intermediate *S. aureus*; SCCmec, Staphylococcal cassette chromosome *mec*; NT, nontypable; PVL, Pantone-Valentine leucocidin; *agr*, accessory gene regulator.

Table 2. Association between *agr* status and resistance or outcome in *S. aureus* infections

Variable, n (%)	<i>agr</i> status			
	Genotype		Phenotype	
	Absent (n= 9)	Present (n= 74)	Dysfunctional (n= 23)	Functional (n= 60)
Methicillin-resistant	5 (56)	9 (12)	9 (39)	5 (9)
	p= 0.002		p= 0.002	
Multidrug-resistant	7 (75)	19 (26)	11 (48)	15 (25)
	p= 0.013		p= 0.077	
Vancomycin MIC				
BMD (mean±SD)	1.43±0.73	1.08±0.96	1.41±1.59	1.00±0.53
	p= 0.068		p= 0.099	
Etest (mean±SD)	1.93±0.61	1.59±1.12	1.68±1.58	1.59±0.86
	p= 0.050		p= 0.767	
hVISA	3 (34)	5 (7)	3 (13)	5 (9)
	p= 0.037		p= 0.916	
30-day mortality	5 (56)	15 (20)	8 (35)	12 (20)
	p= 0.146		p= 0.364	
LOS (days), median (IQR)	37 (9-60)	13 (7-33)	10 (8-29)	16 (7-35)
	p= 0.152		p= 0.654	

agr, accessory gene regulator; MIC, minimum inhibitory concentration (mg/L); BMD, broth microdilution; SD, standard deviation; hVISA, heterogeneous vancomycin-intermediate *S. aureus*; LOS, length of hospital stay; IQR, interquartile range.

3.3 Hetero-resistência intermediária à vancomicina e desfecho da terapia

Heterogeneous vancomycin-intermediate Staphylococcal infections: molecular epidemiology, clinical features and outcome

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Artigo a ser submetido ao periódico International Journal of Antimicrobial Agents

Heterogeneous vancomycin-intermediate Staphylococcal infections: molecular epidemiology, clinical features and outcome

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Keywords. Staphylococcal infections; heterogeneous vancomycin-intermediate *Staphylococcus* spp.; pulsed-field gel electrophoresis; molecular epidemiology.

Abbreviations. Vancomycin-resistant *Staphylococcus aureus* (VRSA); vancomycin-intermediate *S. aureus* (VISA); heterogeneous vancomycin-intermediate *S. aureus* (hVISA); community-acquired (CA); healthcare-

associated (HA); Panton-Valentine leucocidin (PVL); Staphylococcal cassette chromosome *mec* (SCC*mec*); accessory gene regulator (*agr*); minimum inhibitory concentration (MIC); skin and soft tissue (SST); surgical site infection (SSI); bloodstream infection (BSI); pneumonia (PNEU); lower respiratory tract infections (LRI); length of stay (LOS); intensive care unit (ICU); polymerase chain reaction (PCR); broth microdilution (BMD); brain heart infusion (BHI); population analysis profile / area under the curve (PAP/AUC); Clinical Laboratory Standards Institute (CLSI); multidrug resistance (MDR).

Abstract

Heterogeneous vancomycin-intermediate *Staphylococcus* spp. (hVIS) phenotype has been associated with increased mortality and vancomycin failure. A prospective cohort was performed to identify hVIS strains in a teaching hospital of southern Brazil and to evaluate the epidemiology of infections caused by hVIS for 36 months (July 2012 to June 2015). Antimicrobial susceptibility was assessed using disc diffusion and vancomycin minimum inhibitory concentration (MIC) was analyzed by broth microdilution (BMD) and Etest. Molecular assays were used to evaluate *mecA* and *hld* genes, Pantone-Valentine leucocidin (PVL), Staphylococcal chromosomal cassette *mec* (SCC*mec*) and accessory gene regulator (*agr*) typing. hVIS isolates were characterized by pulsed-field gel electrophoresis (PFGE). Population analysis profile - area under the curve (PAP-AUC) was performed for each isolate to be compared with the reference strain Mu3 (ATCC700698). 200 isolates were analyzed and none of the isolates was characterized as vancomycin-intermediate *Staphylococcus* (VIS). 34 samples were confirmed as hVIS (17.0%) and 70.6% of these strains were methicillin-resistant. Absence of *agr* was more frequent in hVIS isolates than vancomycin-susceptible isolates ($p=0.031$), MIC higher than 1 $\mu\text{g/mL}$ by BMD ($p=0.018$) and higher than 1.5 $\mu\text{g/mL}$ by Etest ($p=0.007$). No association with outcome was found related to hVIS strains. Two clones including a total of four samples were identified by PFGE. These results suggest that hVIS isolates from our hospital had a different genetic pattern, indicating a possible strain evolution, rather than spread. Therefore, the suitable use of vancomycin and therapeutic drug monitoring are recommended in order to avoid the emergence of

heteroresistance in susceptible strains.

Introduction

Staphylococcus aureus is an important cause of both community-acquired (CA) and health care-associated (HA) infections and *coagulase-negative Staphylococcus* (CoNS) is the most common opportunist pathogen associated with HA central-line infections[1, 2]. Antibiotic resistance is a major public-health problem worldwide and the association between inappropriate use of antimicrobials and incidence of resistance has been extensively reported[3-5]. Thus, the treatment of infections caused by *Staphylococcus* spp. has been a challenge due to the high prevalence of methicillin-resistant strains (MRSA)[6]. The glycopeptide antibiotic vancomycin has been traditionally used as a first-line agent for treating MRSA infections[7]. Although the drug has been in the market since the 50s, there have been few reports of vancomycin-resistant *S. aureus* (VRSA)[8]. However, although the majority of isolates are susceptible, there have been many descriptions of treatment failure with vancomycin in studies published from the 1970s[9].

Since Hiramatsu et al.[10] reported the first MRSA clinical strain with reduced vancomycin susceptibility from Japan in 1997, vancomycin-intermediate *S. aureus* (VISA) isolates were described in different countries, including Brazil[11]. Different from VRSA, VISA strains do not have the vancomycin resistance genes (*vanA*, *vanB* or *vanC*); however, a vancomycin minimum inhibitory concentration (MIC) between 4 and 8 µg/mL is verified. The intermediate resistance mechanism seems to be associated with cell-wall thickening, which difficults antibiotic action[12].

Heterogeneous vancomycin-intermediate *Staphylococcus* (hVIS) is defined as an isolate with a vancomycin MIC within the susceptible range when tested by routine methods, but a subpopulation of cells ($1 \text{ in } 10^6$) are in the vancomycin-intermediate range[13]. It is estimated that approximately 60% of the MRSA isolates with MIC of 2 $\mu\text{g/mL}$ are hVISA strains[12]. Some screening methods employed for hVISA detection are the macro-Etest method, glycopeptide resistance detection (GRD) Etest and brain heart infusion (BHI) agar containing vancomycin, but the confirmation of heteroresistance is carried out based on culture growth through the method of population analysis profiling - area under the curve (PAP-AUC). Although the PAP-AUC is the gold standard, it is a laborious test and of which delay in the result (3-5 days) does not allow its use in clinical routine[12].

The clinical importance of hVISA strains is due to the fact that their presence seems to be related to a higher chance of treatment failure, especially in cases of bacteremia[14-17]. However, although many researchers have studied the reasons for treatment failure, there is no consensus among authors.

Additionally, the real influence of heteroresistance on the outcomes mortality and length of hospital stay (LOS) is still widely debated.

The objective of this study was to evaluate the prevalence of heterogeneous vancomycin-intermediate isolates in the *Staphylococcus* genus in a teaching hospital in southern Brazil, to investigate the influence of this phenotype on clinical characteristics and outcome, as well as analyze the molecular epidemiology of hVIS infections.

Materials and methods

1. Study Design and Population

A prospective cohort study was designed to evaluate the prevalence rates and to analyze the phenotypic and molecular characteristics of hVIS isolates. All patients with a positive culture for *Staphylococcus* spp. admitted between July 2012 and June 2015 at a 234-bed, tertiary care, teaching hospital located in southern Brazil were included. Cases of duplicates or recurrent infections were excluded. The study was reviewed and approved by the Research Ethics Committee of Universidade Federal de Ciências da Saúde de Porto Alegre (1779/12).

2. Clinical Data and Definitions

Clinical information was collected from the patients' medical records including demography characteristics, medical history (ICD – International Classification of Disease), previous healthcare institution exposure, comorbidities, Charlson comorbidity score[18], intensive care unit (ICU) admission, antimicrobial treatment, length of hospitalization and outcome (discharge from hospital and 30-day all-cause mortality).

Definitions for clinical outcomes were adapted from clinical studies of patients with Staphylococcal infections[19, 20]. Healthcare-associated (HA) and community-acquired (CA) infections were determined according to previously described criteria[21]. The type of infection was determined according to the definition and criteria of the Centers for Disease Control and Prevention (CDC): bloodstream infections (BSI), pneumonia (PNEU), lower respiratory tract

infections (LRI), skin and soft tissue infections (SST), surgical site infections (SSI) and urinary tract infection (UTI)[22]. Multidrug-resistant (MDR) microorganism was defined as non-susceptibility to at least one agent in three or more antimicrobial categories[23].

3. Microbiological Evaluation

Antimicrobial susceptibility was assessed by the Kirby-Bauer disc diffusion method according to Clinical Laboratory Standards Institute (CLSI). Vancomycin MIC was determined by the broth microdilution (BMD) and Etest (bioMérieux, Durham, NC) methods, performed according to the CLSI guidelines and the manufacturer's instructions, respectively.

Microtiter plate assay was performed as described by Stepanovic et al.[24] to determine biofilm formation. The expression of the *agr* gene was evaluated by quantitating delta-hemolysin production, utilizing a previously described method[25].

Brain heart infusion (BHI) agar containing 4 and 6 µg/mL of vancomycin was used to screening the presence of the hVIS phenotype[26]. 100 µL of 0.5 McFarland standard bacterial suspension was inoculated and the plates were incubated for 48 hours at 35°C. The culture was considered positive if the growth of 1 or more colonies was observed. All positive strains with hVIS phenotype were confirmed using the PAP-AUC method[27]. After incubation on solid medium, samples were diluted in sterile saline at concentrations ranging of 10^{-1} to 10^{-7} from a 0.5 McFarland bacterial suspension. 10 µL of these dilutions were spotted on BHI agar plates containing 0.5, 1, 2, 3, 4, 6 and 8 µg/mL of vancomycin. After 48 hours of incubation at 35°C, colonies were counted to

determine the log CFU/mL. Results of the counting were plotted against the concentration of vancomycin and the AUC was determined by using GraphPad Prism 6 software. Isolates were confirmed as hVISA if the ratio of AUC of the sample was ≥ 0.9 , compared to AUC of the reference strain Mu3 (ATCC700698).

4. Molecular Analysis

Genomic DNA was extracted using the Wizard Genomic DNA Purification Kit (Promega Corporation, Madison, WI, USA) and *mecA* gene detection was performed by polymerase chain reaction (PCR), confirming methicillin resistance of isolates[28]. The Staphylococcal cassette chromosome *mec* (SCC*mec*) type and accessory gene regulator (*agr*) genotype were characterized using multiplex PCR, as previously described[29, 30]. PCR was performed for the presence of the gene encoding Panton-Valentine Leucocidin (PVL) and delta-hemolysin (*hld*) gene, as described by Lina et al.[31] and Marconi et al.[32], respectively.

Chromosomal DNA analysis by pulsed field gel electrophoresis (PFGE) was performed using a practical adaptation of literature methodology described by McDougal et al.[33] and Pinto et al.[34]. The fragments were analyzed by PFGE using 1% agarose gel (Pulsed Field Certified Agarose, Bio-Rad Laboratories) in 0.5X Tris-borate-EDTA buffer in a CHEF-DR III system (Bio-Rad Laboratories, Hercules, CA). Gels were stained with 0.5 $\mu\text{g/mL}$ ethidium bromide, visualized under UV light and photographed using GelDoc XM system (Bio-Rad Laboratories, Hercules, CA). Circulating epidemic Latin American clones were used as PFGE controls: Brazilian Epidemic Clone (BEC), Pediatric, Cordobean/Chilean, New York/Japan, Oceania Southwest Pacific Clone (OSPC), E-MRSA 15, E-MRSA 16, USA 300 and USA 400.

5. Statistical analysis

Categorical variables were compared using Chi-square or Fisher's exact test and continuous variables were compared using the Mann-Whitney U-test, as appropriate. All analyses were performed with the computer software SPSS version 20.0 (SPSS Inc, Chicago, IL, USA). A p-value ≤ 0.05 was considered statistically significant. PFGE analysis was performed using BioNumerics software version 6.0 (Applied Maths, Kortrijk, Belgium). Banding pattern was analyzed using Dice coefficient and the unweighted pair group method with arithmetic means (UPGMA), tolerance and optimization were adjusted to 1.5 and 1.0%, respectively. Clusters were defined as isolates with a similarity above 80% in the dendrogram (Tenover et al., 1995).

Results

During the study period, 200 episodes of Staphylococcal infections were reported. One hundred and twelve samples (56%) were isolated from male and 71.5% (n=143) from adult patients. Patients had a median Charlson comorbidity score of 2 (IQR, 0-3) and 63% had cardiovascular disease, 24% respiratory and 15% of patients had neurological diseases as comorbidities. The most common infection sites were BSI (46%), followed by SSI and SST (29%), PNEU and LRI (21.5%). *S. aureus* was the etiologic agent responsible for 50% of cases. The most recurrent species in CoNS infections (n=100) were *S. epidermidis* (65%), *S. lugdunensis* (8%), *S. haemolyticus* (7%), *S. hominis* (7%) and *S. warneri* (7%).

Ninety-three samples (47.5%) were considered as methicillin-resistant and none

of the isolates was characterized as vancomycin-intermediate or vancomycin-resistant *Staphylococcus* (VIS or VRS). Eighteen isolates (18%) were identified as MRSA and 75 samples (75%) were methicillin-resistant in CoNS infections ($p < 0.001$). After screening for the presence of the hVIS phenotype, 64 samples (32%) were submitted to PAP-AUC analysis and 34 isolates (17%) were confirmed as hVIS.

hVIS isolates were more frequently observed in CoNS samples compared to *S. aureus* strains (24% vs. 10%, $p = 0.003$). Furthermore, detection of hVIS phenotype was more recurrent in methicillin-resistant strains than susceptible isolates (67% vs. 42%, $p = 0.013$). The prevalence of heterogeneous vancomycin-intermediate isolates in MRSA strains was about 17%. hVIS was more often isolated from children and neonates than adults (27% vs. 14%, $p = 0.058$) and preterm newborns ($p = 0.041$).

Twenty-two of 34 hVIS strains (64.7%) were BSI isolates, 6 (17.6%) were SSI and SST samples, 5 (14.7%) were PNEU and LRI and one (3%) was obtained from the ICU. Ten of 34 hVIS strains (29.4%) were identified as *S. aureus*, 18 (52.9%) as *S. epidermidis*, 5 (14.7%) as *S. lugdunensis* and one (3%) was recognized as *S. haemolyticus*.

Antimicrobial resistance and microbiological characteristics of isolates are shown in Table 1. All samples were susceptible to linezolid and tigecycline and *mecA* gene was detected in all methicillin-resistant isolates. VAN MIC was higher for hVIS in comparison to vancomycin-susceptible *Staphylococcus* (VSS) using both methods (Table 1). MIC distribution determined by BMD and Etest compared to hVIS frequency are shown in Figures 1, indicating that high MIC

was associated to the hVIS phenotype. A lower ratio of hVIS strains was biofilm and delta-hemolysin-producing when compared to VSS isolates, as shown in Table 1. SCCmec detected for 3 MRSA isolates were type III, type IVc and simultaneous detection of types II and IVc in a same sample. The most common SCCmec for CoNS were type IVa (50%) and type V (18%).

PVL was detected in 32 of *S. aureus* isolates (32%) and 4 (40%) of hVIS strains. The *agr* typing for *S. aureus* and CoNS detected *agr* I as the most frequent type (44% and 43%, respectively), followed by *agr* II (23% and 16%) and *agr* III (20 and 5%). Most strains of hVIS showed *agr* I or absence of *agr* for both species. The absence of *agr* was verified in 10% of *S. aureus* and in 36% of CoNS isolates ($p < 0.001$). For heterogeneous vancomycin-intermediate identified as *S. aureus*, the absence of *agr* was significantly higher than VSSA (38% vs. 7%, $p = 0.031$).

Thirty-eight patients died (19%) and 128 (64%) were admitted at the ICU. There was no difference in the mortality rate or ICU admission between hVIS and VSS isolates (Table 2). Most of non-survivors patients were admitted in the ICU (22% vs. 10%, $p = 0.061$) and had MDR infections (26% vs. 12%, $p = 0.024$). As show in Table 2, hVIS phenotype was associated to prolonged LOS and vancomycin therapy. Glycopeptide was used in 76 patients (38%) and vancomycin treatment was more frequent in non-survivors (63% vs. 33%, $p = 0.002$). Charlson score was similar for patients receiving vancomycin and in patients treated with other antimicrobials ($p = 0.537$), but was higher when comparing non-survivors to survivors (3.0 vs. 1.0, $p < 0.001$).

Table 1. Microbiological characteristics of *Staphylococcus* spp isolates

Characteristics, n (%)	<i>Staphylococcus</i> spp. (n= 200)	VSS (n= 166)	hVIS (n= 34)	p-value
Resistant to				
Methicillin	93 (48)	70 (42)	23 (67)	0.013
Ciprofloxacin	84 (42)	70 (42)	14 (42)	0.725
Clindamycin	96 (48)	78 (47)	18 (54)	0.570
Erythromycin	122 (61)	96 (58)	26 (73)	0.293
Gentamicin	66 (33)	46 (28)	20 (58)	0.001
Penicillin	172 (86)	142 (86)	30 (89)	0.784
Rifampicin	12 (6)	11 (7)	1 (3)	0.578
Sulfamethoxazole/ trimethoprim	74 (37)	60 (36)	14 (42)	0.554
Multidrug-resistant	102 (51)	81 (49)	21 (61)	0.234
Vancomycin MIC, mean±SD				
BMD	1.32±0.81	1.25±0.79	1.53±0.74	0.016
Etest	1.74±0.82	1.71±0.88	2.02±0.57	<0.001
Virulence factors				
Biofilm	160 (80)	138 (83)	22 (64)	0.033
Delta-hemolysin	110 (55)	94 (57)	16 (47)	0.418

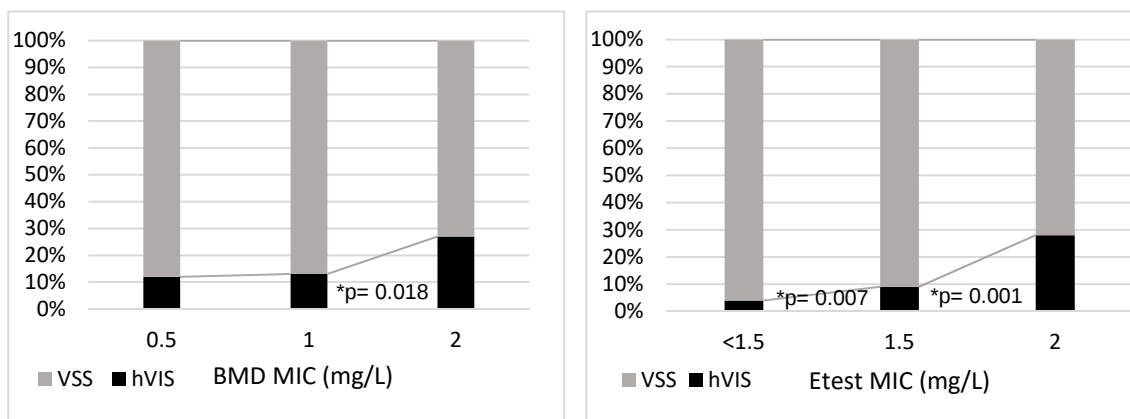
hVIS, heterogeneous vancomycin-intermediate *Staphylococcus* spp.; VSS, vancomycin-susceptible *Staphylococcus* spp.; MIC, Minimum inhibitory concentration; SD, Standard deviation; BMD, Broth microdilution.

Table 2. Comparison of clinical features and outcome in hVIS and vancomycin-susceptible *Staphylococcus* spp.

Variables, n (%)	VSS (n= 166)	hVIS (n= 34)	p-value
Previous healthcare institution exposure	75 (45)	9 (26)	0.055
Infection acquisition			
Health-care associated	120 (72)	29 (85)	0.230
Vancomycin therapy	55 (33)	19 (56)	0.025
Treatment duration (days)	3.74	6.48	0.025
(95% CI)	(2.2-5.3)	(3.6-9.4)	
ICU admission	105 (63)	23 (68)	0.660
LOS (days), median (IQR)			
Hospital	19 (9-41)	36 (14-56)	0.018
Mortality			
30-day mortality	32 (19)	8 (23)	0.883

hVIS, heterogeneous vancomycin-intermediate *Staphylococcus* spp.; VSS, vancomycin-susceptible *Staphylococcus* spp.; CI, confidence interval; ICU, intensive care unit; IQR, interquartile range; LOS, length of stay.

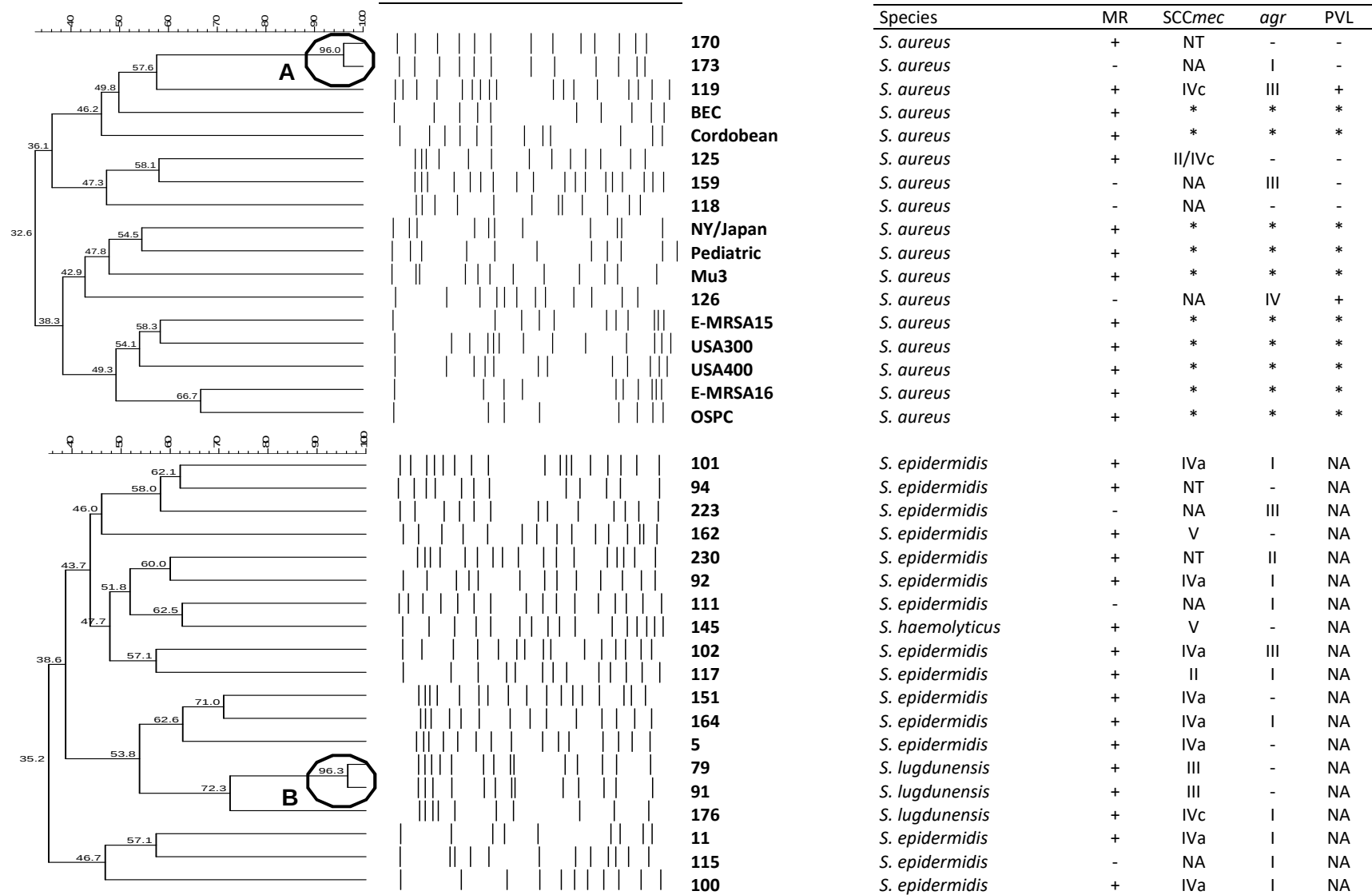
Figure 1. Vancomycin MIC distribution and heterogeneous vancomycin-intermediate *Staphylococcus* spp. frequency



hVIS, heterogeneous vancomycin-intermediate *Staphylococcus* spp.; VSS, vancomycin-susceptible *Staphylococcus* spp.; BMD, broth microdilution; MIC, minimum inhibitory concentration.

PFGE was used to assess the degree of genetic similarity and the results are shown in Figure 2. Two clones were observed, including four isolates: clone A, comprising isolates 170 and 173; and clone B, comprising isolates 79 and 91. No clonal association was verified between hVIS isolates and methicillin-resistant *S. aureus* epidemic international clones.

Figure 2. PFGE dendrogram of heterogeneous vancomycin-intermediate *Staphylococcus* spp isolates and methicillin-resistant *S. aureus* epidemic international clones



MR, methicillin resistance; NA, not applicable; NT, nontypable;

* not available

Discussion

The prevalence rates of hVISA vary worldwide depending on the region. A recently published meta-analysis[35] indicated a hVISA prevalence of 6.05% among 99,042 MRSA strains. According to the authors, this rate has increased over the years, especially in blood culture samples, being higher in Asian countries when compared to countries in Europe and America. Some studies indicate a prevalence rate similar to that described by Zhang et al.[35]: approximately 4 to 5% in MRSA samples from Argentina[36], Japan[37], Singapore[38] and other countries in Asia[39]. However, a 10% rate was described in Taiwan[40] and 12% in Australia[41], rates similar to that found in the present study. Other studies show very high levels of hVISA, with rates varying between 26 and 29%[42-44].

No attention from researchers around the world has been given to the heteroresistance phenomenon in the case of infections by CoNS. Considering this group of microorganisms has high methicillin-resistance rates, which are even higher than MRSA rates, vancomycin becomes an important antimicrobial agent in the treatment of infections caused by CoNS. Thus, studies reporting the prevalence of heteroresistance in CoNS are important and can assist prescribers in choosing the appropriate antimicrobial agent, considering the possibility of treatment failure with vancomycin. Additionally, the frequency of 23% of hVIS phenotype in coagulase-negative *Staphylococci* is therefore a matter of concern and, to date, only one description of their prevalence has been published, derived from a study carried out in our own country that included blood samples, indicating 8.5% of CoNS isolates with this phenotype[45].

Most studies evaluated the hVIS phenotype in methicillin-resistant strains and few authors investigated heteroresistance in susceptible isolates[36, 46, 47]. However, methicillin-susceptible samples can also disclose the hVIS phenotype and this phenomenon has increased in recent years, according to Hu et al.[47]. Although the frequency of heteroresistance in MSSA isolates is lower than that of MRSA strains (9% vs. 17%), this fact is probably associated with a significant increase in vancomycin MICs among MSSA clinical isolates[46, 48]. Thus, it becomes important to detect reduced vancomycin susceptibility, both in methicillin-susceptible and resistant strains.

High vancomycin MIC has also been associated with hVIS phenotype in previous literature studies[41, 42, 49, 50] and is consistent with our findings indicating that the frequency of hVIS increases with vancomycin MIC. In this case, for isolates containing high vancomycin MIC, although the strains are classified as sensitive, prescribers should consider other treatment options such as ceftaroline, linezolid, daptomycin and tigecycline. Some studies have reported an increase in resistance levels to other antimicrobial for hVIS samples[20, 40], a fact that was not observed in this study, with the exception of resistance to gentamicin, which was significantly higher in hVIS cases.

Regarding the *SCCmec* type of hVISA isolates, the meta-analysis of Zhang et al.[35] indicates the predominance of *SCCmec* types II (48%), IV (18%) and III (18%) in 685 identified MRSA strains. Moreover, other studies not mentioned in this meta-analysis reported a higher frequency of these three types of *SCCmec*, which is in agreement with our results[42, 51]. Similarly to our study, heteroresistance was mainly found in samples of *agr* types I and II, a fact described by previous studies[42, 43, 52, 53]. Studies evaluating the presence

of PVL in hVIS isolates show very variable results, such as the absence of this virulence factor in China[54], 4% in Israel[55] and 30% in Argentina[36], with the latter being a similar result to that of the current study.

The impact of heteroresistance on biofilm formation is still a controversial subject among different authors. According to Young et al.[56] and Sakoulas et al.[57], the surfactant action of delta-hemolysin can prevent hydrophobic interactions of cell-surface with polystyrene, reducing biofilm formation. Thus, samples with dysfunctional *agr* (i.e., non-delta-hemolysin-producing) show more pronounced biofilm formation. Howden et al.[58] and Maor et al.[55] did not verify this increase in clinical samples of hVISA, generally characterized as dysfunctional *agr*. Similar to this study, the authors verified a reduction in biofilm formation, a fact probably related to cell wall changes due to this phenotype.

Although authors[25, 44, 46] described the association between loss of *agr* functionality and hVIS phenotype, other studies also found no difference in *agr* dysfunctional activity, represented by the production of delta-hemolysin between hVISA and VSSA strains[17]. Though the dysfunctional *agr* rate found was lower (albeit not significantly) in the hVIS isolates, it is noteworthy that *agr* absence was associated with heteroresistance in our study. This type of association between *agr* absence and hVIS phenotype in clinical samples was not previously described in the literature. The study by Paulander et al.[59] suggests that the fitness cost of carrying *agr* is enhanced by the presence of some antibiotics and that treatment with those antibiotics will select *agr*-negative mutants. Additionally, according to Shopin et al.[60], carrying an *agr*-negative strain was associated with hospitalization, raising the possibility that such strains may be selected in a nosocomial setting.

The influence of the hVISA phenotype has been the subject of many studies and a published meta-analysis[61] grouped these studies to assess the impact on treatment failure and patient mortality. According to the author, the probability of treatment failure was higher in hVISA infections (OR: 2.37, 95%CI: 1.53-3.67), but there was no difference in mortality between infections caused by hVISA and VSSA. Results published after the meta-analysis confirmed these data[17], as well as the results of our study. A possible explanation for the lack of a difference in mortality between hVIS and VSS strains is that heteroresistance has been associated with virulence factor reduction, leading to a decrease in host immune response, resulting in reduced mortality, but increased infection persistence[62-64].

LOS is another important outcome, but unfortunately it is not evaluated in most of the studies. Prolonged LOS is responsible for an increase of in-hospital costs[65] and hVIS infections were associated with longer LOS in the current study, similarly to previous studies[17, 38].

Sakoulas et al.[57] assessed the effects of prolonged vancomycin administration on MRSA in a patient with recurrent bacteremia and although they did not verify the development of heteroresistance when vancomycin troughs were maintained above 10 g/L. Previous studies associated prior exposure to vancomycin and the development of heteroresistance[66, 67], data similar to those of the current study. The majority of hVISA and VISA strains seem to arise through *in vivo* evolution during failed therapy with vancomycin for seemingly VSSA infections[68]. However, previous reports indicated that hVISA could also be generated by exposing MRSA to imipenem[69] or be induced by common rifampicin resistance mutations[70, 71].

The molecular analysis indicated the presence of clones A and B. In Clone A, the samples were isolated from prosthesis secretion due to osteomyelitis with a 3-day interval between the isolation; both patients were males (24 to 59 years old) who underwent surgery and were treated by the same physician during hospitalization. There is a suggestion of vertical transmission, as there is an association between the patients, who were treated by similar medical and nursing staffs. As for Clone B, the samples were isolated from tracheal aspirate and blood with a 10-day interval; one patient was a preterm newborn, but the other patient was 39 years old and had been hospitalized for three months at the institution. The evidence of transmission is not so clear; however, an assessment of the staff disclosed the existence of a substitute nursing technician who alternated care in the adult and pediatric units, according to hospitalization demand. In both clones (A and B), the probable absence of adequate hand hygiene and presence of fomites could explain the transmission of strains. Regarding the transmission of isolates with intermediate resistance, de Lassence et al.[72] reported the first description of a large outbreak of colonization and infection with a single VISA strain that affected 21 patients in a medical ICU at a tertiary care teaching hospital.

Our study should be interpreted in the context of some limitations. First, this was a single-center study with a small sample size. Second, there was no enzymatic cleavage in some hVIS isolates due to technical limitations and, therefore, these isolates were not assessed by PFGE. Finally, considering that sample isolation occurred during the course of infection, it is not possible to categorically affirm that the heteroresistant phenotype is indeed a consequence of treatment.

Despite of its limitations, this is the first description of an association between *agr* absence and hVIS phenotype. In addition to *agr* dysfunction, which is widely correlated with heteroresistance, the *agr* system loss can alternatively explain the reason for virulence decrease. Furthermore, our findings are a matter of concern, since high prevalence rates of heteroresistance in CoNS were described, unlike previously reported rates in the only study available to date. Considering the genetic diversity observed in the present study, which indicates strain evolution rather than transmission between patients, the suitable use of vancomycin and therapeutic drug monitoring are recommended in order to avoid the emergence of heteroresistance in susceptible strains.

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3.4 Influência dos níveis séricos de vancomicina no desfecho

The importance of therapeutic drug monitoring of vancomycin in cases of suspected or confirmed Staphylococcal infections

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Artigo submetido ao periódico Journal of Clinical Pharmacy and Therapeutics

The importance of therapeutic drug monitoring of vancomycin in cases of suspected or confirmed Staphylococcal infections

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Conflict of interest. All authors report no conflicts of interest relevant to this article.

Source of funding. CNPq (Conselho Nacional de Desenvolvimento Científico e Tecnológico), FAPERGS (Fundação de Amparo à Pesquisa do Rio Grande do Sul), both located in Brazil.

Therapeutic drug monitoring of vancomycin

SUMMARY

What is known and objective: Vancomycin is a glycopeptide antibiotic effective for severe gram-positive infections. For therapeutic effectiveness of vancomycin treatment, it is necessary to achieve appropriate trough levels, which requires constant monitoring, since it can cause toxicity. The aim of this study was to analyze the impact of vancomycin serum levels on patient outcomes and occurrence of adverse effects.

Methods: A prospective cohort study was carried out at a 234-bed, tertiary care, teaching hospital located in southern Brazil between July 2012 and June 2014. Data collected from the patients' medical records included: demographic information, medical history, comorbidities, Charlson index, vancomycin troughs, creatinine serum levels and outcome.

Results and discussion: During the study period, 145 therapeutic drug monitoring tests were performed and only 8.6% of vancomycin troughs were considered appropriate. No association was verified between vancomycin serum levels and mortality or length of hospital stay. Vancomycin troughs were significantly higher in patients that reported nephrotoxicity.

What is new and conclusion: Although no association was verified between vancomycin troughs and outcome, the importance of this parameter measurement is proven, since a small number of doses remained within the appropriate range. Furthermore, drug-induced nephrotoxicity was associated to vancomycin serum levels higher than 15 mg/liter. Therefore, vancomycin troughs should be monitored to avoid the occurrence of adverse events.

Keywords. Vancomycin, Therapeutic Drug Monitoring (TDM), Nephrotoxicity, *Staphylococcus* spp.

WHAT IS KNOWN AND OBJECTIVE

Vancomycin has traditionally been used as a first-line agent for treating methicillin-resistant *Staphylococcus aureus* (MRSA) and other Gram-positive bacteria including Coagulase-negative *Staphylococcus* spp. (CoNS), *Enterococcus faecalis* and *Enterococcus faecium* (1, 2). The drug acts inhibiting the synthesis of bacterial cell wall by binding to the terminal D-alanine-D-alanine and preventing the coupling of the peptidoglycan polymers (3, 4).

In recently published clinical trials with antimicrobials, such as daptomycin, linezolid and tigecycline, superiority in relation to vancomycin activity was not observed, a drug developed and marketed for over 50 years (5). However, there are many controversies regarding the appropriate and safe use of this agent (6). The interchangeability between the reference product and the generic drug, for instance, was questioned by Vesga et al. (7), which found that pharmaceutical equivalence does not imply in therapeutic equivalence for vancomycin.

The American Society of Health-System Pharmacist, Infectious Disease Society of America and Society of Infectious Disease Pharmacists guidelines recommend more-intensive vancomycin doses to maintain troughs between 15 and 20 mg/liter, warranting an area under the concentration time curve/minimum inhibitory concentration ratio of ≥ 400 for vancomycin (8). Previous studies have associated inadequate serum levels of vancomycin with treatment failure, development of nephrotoxicity and bacterial heteroresistance (9-14). However, recent meta-analyzes reported no significant difference between low and high trough regimen in terms of treatment failure and mortality (15, 16).

Length of hospital stay (LOS) is another important outcome responsible for an increase of in-hospital costs (17), but unfortunately the impact of vancomycin troughs is not evaluated in studies.

Considering the controversial results of the published studies and the lack of data regarding the influence on the LOS, the objective of this study was to analyze the impact of vancomycin troughs on patient outcomes (mortality and LOS) and occurrence of drug-induced nephrotoxicity.

METHODS

A prospective cohort study was conducted at a 234-bed, tertiary care teaching hospital located in southern Brazil, between July 2012 and June 2014. The study was reviewed and approved by the Research Ethics Committee of Universidade Federal de Ciências da Saúde de Porto Alegre (1779/12).

The study included all patients who were treated with the antibiotic vancomycin for at least 72 hours. Data collected from the patients' medical records included: demographic information, medical history, comorbidities, Charlson index (18), vancomycin troughs, creatinine serum levels and outcome.

The vancomycin assay was performed using the immunoassay method of the microparticles by chemiluminescence on Architect i2000SR equipment (Abbott®, USA). The collection of biological samples to evaluate serum levels was performed 72 hours after start of the treatment, immediately before the administration of the vancomycin dose (trough concentration). The creatinine assay was performed using the kinetic test without deproteinization according to the method described by Jaffe in 1886 (19).

Drug-induced nephrotoxicity was assessed using the RIFLE criteria, which consists in three levels (risk, injury and failure) based on the magnitude of serum creatinine elevation and two outcome measures (20).

Categorical variables were compared using Chi-square or Fisher's exact test and continuous variables were compared using the Mann-Whitney U-test, as appropriate. All analyses were performed using the computer software SPSS version 20.0 (SPSS Inc, Chicago, IL, USA). A p-value ≤ 0.05 was considered statistically significant.

RESULTS AND DISCUSSION

During the study period, 145 therapeutic drug monitoring tests were performed for 86 patients (66% males and 62% adults), with an average dose of 1.6 per patient. The International Classification of Diseases (ICD) through which patients were hospitalized consisted mainly of infectious (39.5%), heart (14%) and neurological diseases (11.6%), with a mean Charlson comorbidity score of 1.0 (basal comorbidities). Fifty-six (65%) patients treated with vancomycin had a confirmed infection. About 37% of infections were caused by coagulase-negative *Staphylococcus*, 10% by *S. aureus* and 16% by other gram-positive microorganisms. The main sites of microorganism isolation were blood (39.7%), respiratory tract (39.7%) and skin or soft-tissue secretions (20.6%).

Only 8.6% of vancomycin troughs were considered appropriate within the therapeutic window, 51.4% were considered as low and 40% as high levels. In a hospital in Canada, Bollinger et al. (21) evaluated 108 patients, of which 72.2% had serum suboptimal concentrations of vancomycin.

Vancomycin is an antibiotic agent very often employed in clinical practice, but its use requires appropriate therapeutic monitoring. Vancomycin therapeutic monitoring aims to change the dose when serum levels are inadequate, preventing treatment failure, reducing the risk of bacterial resistance and preventing the occurrence of nephrotoxicity (22).

Most of the vancomycin is excreted by the kidney, so patients with renal dysfunction require dose adjustment to prevent drug accumulation (23). Patients who are already on dialysis are at greater risk of the toxic effects of vancomycin in the bloodstream. In patients with normal renal function, the half-life is 6 to 12 hours, while for patients with impaired renal function, the clearance time increases to 100 to 200 hours (24).

The main indications for serum level monitoring are patients receiving high vancomycin doses, which are on prolonged therapy and are most likely to develop reversible nephrotoxicity, patients with concomitant use of other nephrotoxic drugs and/or obese ones. The frequency of vancomycin measurement in blood will be carried out according to the severity of the patient's condition (8).

Loading doses in vancomycin therapy may more rapidly attain troughs of 15 to 20 mg/L in adults (25); however, drug monitoring must be evaluated prior to the next dose at steady-state condition (just before the fourth dose) (8).

As shown in Table 1, high levels were observed in adults (23.42 mg/liter) when compared to neonates (15.06 mg/liter) and children (14.06 mg/liter) ($p = 0.044$ and $p < 0.001$, respectively). Serum levels in neonates and children were more adequate when compared to those in adults, a fact that is probably due to calculation of the antibiotic dose based on the weight of newborns and children.

A study by De Waelen et al. (26) determined the efficacy of a dose protocol based on body weight in adult ICU patients. Of the total 227 patients, 126 (55.5%) received doses according to the protocol. The mean serum levels achieved in the first and second day were respectively 19.32 mg/liter and 21.08 mg/liter and most patients achieved adequate levels of vancomycin.

Prescribers do not usually choose the measurement of vancomycin serum levels due to the high cost however employ nomograms (ratio of creatinine clearance, vancomycin clearance and weight) to obtain the amount of drug to be administered (4, 27).

The use of a nomogram has been proven to be more cost-effective than conventional vancomycin measurement. However, published nomograms in clinical use have been proven to be inaccurate and most have not been clinically validated. Furthermore, no published nomogram to date has been constructed to achieve vancomycin serum trough levels of 15–20 mg/L (8, 28).

Several parameters have been proposed for the monitoring of vancomycin pharmacodynamics, such as the concentration time above the minimum inhibitory concentration and the area under the curve above the MIC (AUC/MIC). Clinical efficacy is achieved when the result of AUC is ≥ 400 (8). For less severe infections, the recommended serum levels are above 10 mg/liter, while values between 15 and 20 mg/liter are indicated for severe infections (meningitis, bacteremia, endocarditis, among others). Serum levels of 15 mg/liter are recommended in case of infections by microorganisms with MIC of 1 mg/liter (8, 29). The difficulty in using vancomycin therapy occurs mainly in cases with high MIC, as there is a reduced chance to reach the parameter of $AUC \geq 400$.

The comparison of serum vancomycin levels and mortality is described in Table 1. 27% of the patients died and no association was verified with serum vancomycin levels ($p=0.892$). Hospital length of stay was not affected by vancomycin troughs ($p=0.152$ and $p=0.401$) as shown in Table 2. As shown in Table 3, nephrotoxicity was not associated with mortality, but Charlson score was correlated with death. Similarly to present study, the Charlson index was considered a suitable predictor of death in patients with severe Staphylococcal infections in a previous analysis (30).

Many studies found an association between vancomycin serum levels and outcome. According to Kullar et al. (31), treatment failure predictors were endocarditis, nosocomial infection, initial vancomycin levels < 15 mg/liter, MIC > 1 mg/liter and AUC < 421 . Albur et al. (10) associated mortality with serum levels < 10 mg/liter. The study by Forstner et al. (11) also reported similar results, with higher treatment failure observed in patients with vancomycin levels < 10 mg/liter. However, similarly to the present study, Cao et al. (32) were not able to associate vancomycin levels to patient clinical response, suggesting the need for further studies to establish the influence of serum levels on clinical efficacy.

Nephrotoxicity was verified in 30.2% of patients, and of these patients, 15.3% showed risk, 53.8% reported injury and 30.9% had failure. Vancomycin levels were higher (16.71 vs. 39.97 mg/liter, $p<0.001$) in patients that reported nephrotoxicity (Table 1).

Lodise et al. (33) associated exposure to vancomycin with nephrotoxicity onset in patients infected with gram-positive microorganisms. Moreover, van Hal et al. (34) associated this event with serum levels higher than 15 mg/liter, while Ragab et al. (35) associated it with levels higher than 10 mg/liter in chil-

dren. However, Elyasi et al. (14) demonstrated that the renal injury is not associated with the therapeutic range, i.e., the patient may have renal injury even when drug dose is within the recommended range. Factors such as low body weight, dose, duration of therapy and concomitant use of other nephrotoxic medications increase the susceptibility to nephrotoxicity development (36).

Our study should be interpreted in the context of some limitations. First, this was a single-center study with a small sample size. Second, clinical data were collected from the patients' medical records and unfortunately some information could be missing. Finally, were included all patients treated with vancomycin in the study period irrespective of confirmation of infection.

Table 1. Comparison of vancomycin troughs according to age and outcomes

Variable		Vancomycin troughs (mg/liter)	p-value
Demographics			
Neonates (n=41)		15.06	0.044
Adults (n=93)		23.42	
Children (n=11)		14.06	<0.001
Outcomes			
Mortality	No	20.87	0.892
	Yes	18.46	
Nephrotoxicity	No	16.71	<0.001
	Yes	39.97	

Table 2. Association between vancomycin serum levels and length of hospital stay

Vancomycin troughs (mg/liter)	Length of stay (days)	p-value
<15	44	0.152
>15	54	
10-20	44	0.401
<10 or >20	45	

Table 3. Comparison of clinical features and outcome in patients treated with vancomycin

Variables, n (%)	Survivors (n= 63)	Non- survivors (n= 23)	p-value
Male	39 (62)	18 (79)	0.090
Adult	39 (62)	14 (61)	0.924
Confirmed infection	40 (64)	16 (70)	0.731
Charlson index, median (IQR)	0 (0-1)	1 (1-3)	0.001
LOS, mean $\pm$ SE (days)	35.8 $\pm$ 3.4	43.2 $\pm$ 12.7	0.654
Nephrotoxicity	21 (33)	5 (22)	0.427
Creatinine, mean $\pm$ SE (mg/dL)	1.79 $\pm$ 0.21	1.55 $\pm$ 0.27	0.497
Vancomycin troughs, mean $\pm$ SE (mg/liter)	20.87 $\pm$ 1.95	18.46 $\pm$ 2.73	0.892
Duration of therapy, mean $\pm$ SE (days)	15.1 $\pm$ 1.7	55.1 $\pm$ 11.5	0.005

IQR, Interquartile range; LOS, Length of hospital stay; SE, Standard error.

WHAT IS NEW AND CONCLUSION

Even vancomycin troughs have not been associated with mortality in this study, the therapeutic drug monitoring remains an important tool since the most of serum levels measured were outside the appropriate range. Furthermore, the drug-induced nephrotoxicity was associated to vancomycin troughs higher than 15 mg/liter and monitoring is required in order to prevent the occurrence of this adverse event. More appropriate vancomycin troughs were observed in neonates and children, when compared to adults, because physicians' prescriptions are based on patient weight, while for adults, a standard dose is normally prescribed. Empirical doses may result in serum levels outside the recommended therapeutic range, compromising the effectiveness of the treatment and increasing the chances of toxicity.

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4 CONSIDERAÇÕES FINAIS

A análise microbiológica e molecular dos isolados, bem como a avaliação das características clínicas dos pacientes constituem importantes ferramentas no estudo epidemiológico em infecções por estafilococos. O estudo da influência destes fatores no desfecho contribui para estabelecimento de diretrizes de tratamento e medidas para prevenção destas infecções.

De acordo com o presente estudo, não houve diferença na mortalidade dos pacientes em função das espécies, isto é, *S. aureus* em comparação com os estafilococos coagulase negativa. As características clínicas relacionadas ao perfil de co-morbidades dos pacientes, sumarizadas no índice de Charlson, influenciaram significativamente na mortalidade.

Os isolados multirresistentes foram relacionados a índices superiores de óbito e prolongamento do tempo de internação. No entanto, a resistência à meticilina foi associada apenas ao aumento do tempo de permanência hospitalar. As variáveis concentração mínima inibitória e formação de biofilme não apresentaram relação com a taxa de mortalidade dos pacientes. Estes resultados evidenciam a necessidade do controle de infecção para elaboração e implementação de rotinas de prevenção da emergência e disseminação de cepas resistentes, amplamente relacionadas à desfechos negativos.

Não houve influência da hetero-resistência intermediária à vancomicina no desfecho da terapia, porém a elevada prevalência desta característica nos estafilococos coagulase negativa causa preocupação uma vez que a maioria destas cepas apresenta resistência à meticilina, sendo a vancomicina ainda a principal escolha terapêutica. A ausência de clonalidade entre a maioria dos isolados hetero-resistentes sugere uma adaptação frente ao tratamento ao invés da transmissão entre pacientes. A investigação do impacto dos níveis séricos de vancomicina revelou ausência de relação com a mortalidade, porém foi verificada associação entre níveis superiores a 15 µg/mL e nefrotoxicidade induzida. Portanto, o monitoramento terapêutico deste antimicrobiano torna-se uma prática importante a fim de evitar a possível indução de hetero-resistência

intermediária à vancomicina além da ocorrência de eventos indesejáveis como a nefrotoxicidade.

Considerando as características moleculares, não se verificou influência do tipo de *SCCmec* e *locus agr* no desfecho do tratamento. No entanto, a ausência de *locus agr* e a disfunção do *agr*, analisada através do teste fenotípico de δ -hemolisina, foram relacionadas com a resistência à metilicina, aumento da concentração mínima inibitória e hetero-resistência intermediária à vancomicina. A presença de PVL também não foi associada à mortalidade. Embora não tenha sido verificado impacto dos fatores moleculares no desfecho da terapia, estudos de avaliação molecular colaboram para a melhor compreensão do mecanismo de patogênese e adaptação do microrganismo de acordo com o ambiente.

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ANEXOS

ANEXO A – Parecer do Comitê de Ética em Pesquisa (UFCSPA)

ANEXO B – Formulário de coleta de dados

1. <i>Staphylococcus spp.</i> ()		2. Vancomicina ()		Registro paciente: n.º _____	
3. Nome: _____				4. Atendimento: n.º _____	
5. Idade: _____	Nasc.: ____/____/____	6. Sexo: (1) Feminino (2) Masculino			
7. Tipo de internação: (1) Clínica (2) Cirúrgica eletiva (3) Cirúrgica de urgência					
8. Peso internação: _____			Peso alta: _____		
9. CID (Classificação Internacional de Doença): _____					
10. Data de internação: ____/____/____			11. Tempo de internação pré-UTI: _____ dias		
12. Data de internação na UTI: ____/____/____			13. Tempo de internação em UTI: _____ dias		
14. Indicação de UTI: Monitorização (1) hemodinâmica (2) cardíaca (3) respiratória (4) neurológica					
15. Co-morbidades: (1) Cardíacas (2) Pulmonares (3) Neurológicas (4) Malignidade (5) Endocrinológica (6) Renal Aguda (creatinina maior _____) (7) Renal Crônica (creatinina basal _____) (8) Hepática (9) Imunodeficiência (10) Prematuridade					
Observação: _____					
16. Índice Charlson: _____					
17. Cultura positiva: (0) Não (1) Sim ____/____/____			18. Nova cultura positiva: (0) Não (1) Sim ____/____/____		
19. Laudo(s) da(s) cultura (s): _____					
20. Local de isolamento: (1) Sangue (2) Urina (3) Escarro (4) Ferida operatória () Outro: _____					
Procedimentos invasivos: 21. Ventilação Mecânica: (0) Não (1) Sim. Início ____/____/____ Final ____/____/____					
22. Retirada temporária da ventilação mecânica: (0) Não (1) Sim. Início ____/____/____ Final ____/____/____					
23. Cateter venoso central: (0) Não (1) Sim. Início ____/____/____ Final ____/____/____ Tentativas: _____					
24. Retirada do cateter venoso central durante o tratamento: (0) Não (1) Sim Data: ____/____/____					
25. Sondagem vesical: (0) Não (1) Sim. Início ____/____/____ Final ____/____/____					
26. Procedimento cirúrgico: (0) Não (1) Sim. Data: ____/____/____ Início: _____ h Final: _____ h					
27. Vancocinemia: Data: ____/____/____ - Concentração sérica: _____					
Data: ____/____/____ - Concentração sérica: _____		Data: ____/____/____ - Concentração sérica: _____		Data: ____/____/____ - Concentração sérica: _____	
Medicações: 28. Inibidor bomba de prótons: (0) Não (1) Sim 29. Bloqueador H2: (0) Não (1) Sim					
30. Benzodiazepínico: (0) Não (1) Sim		31. Opióides: (0) Não (1) Sim		32. Curares: (0) Não (1) Sim	
33. Anti-retrovirais: (0) Não (1) Sim Observações: _____					
34. Cefalosporina 1ª G: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
35. Cefalosporina 2ª G: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
36. Cefalosporina 3ª G: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
37. Cefalosporina 4ª G: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
38. Beta-lactâmico: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
39. Beta-lact./inibidor: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
40. Carbapenem: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
41. Aminoglicosídeo: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
(0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
42. Lincosamina: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
43. Glicopeptídeo: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
44. Linezolida: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
45. Tigeciclina: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
46. Oxacilina: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
47. Quinolona: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
48. Anaerobicida: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
49. Polimixina: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
50. Sulfametoxazol/trimetropim: (0) Não (1) Sim. ____/____/____ até ____/____/____ Dose: _____/____					
51. Alta: (1) Não (2) Sim. Data: ____/____/____			52. Óbito: (1) Não (2) Sim. Data: ____/____/____		
53. Quadro de piora clínica: Data: ____/____/____ Motivo: _____ Troca ATB: (0) Não (1) Sim					
Data: ____/____/____		Motivo: _____		Troca ATB: (0) Não (1) Sim	
Data: ____/____/____		Motivo: _____		Troca ATB: (0) Não (1) Sim	
Data: ____/____/____		Motivo: _____		Troca ATB: (0) Não (1) Sim	
Data: ____/____/____		Motivo: _____		Troca ATB: (0) Não (1) Sim	

ANEXO C – Carta de aceite: American Journal of Infection Control

ANEXO D – Resumos publicados em eventos científicos

1. RAUBER, J.M. ; BAGGIOTTO, B. ; SOARES, R. O. ; ZANOTTO, M. B. ; CARNEIRO, M. ; VALIM, A. R. M. ; d'AZEVEDO, P. A. . The importance of therapeutic drug monitoring of vancomycin in cases of empirical treatment and Staphylococcal infections. In: 26th European Congress of Clinical Microbiology, 2016, Amsterdã. Anais 26th European Congress of Clinical Microbiology, 2016. p. 164-164.
2. BAGGIOTTO, B. ; ARNHOLD, G. H. O. ; D'AZEVEDO, P. A. ; RAUBER, J.M. ; VALIM, A. R. M. . Influência dos níveis séricos de vancomicina na resposta clínica do paciente. In: XXI Seminário de Iniciação Científica da UNISC, 2015, Santa Cruz do Sul - RS. XXI Seminário de Iniciação Científica da UNISC, 2015.
3. RAUBER, J.M.; ARNHOLD, G. H. O. ; BAGGIOTTO, B. ; CUNHA, G. R. ; VALIM, A. R. M. ; D'AZEVEDO, P. A. . Genetic variability of *Staphylococcus* spp. with vancomycin intermediate heteroresistance (hVIS) in a hospital in south of Brazil. In: 28º Congresso Brasileiro de Microbiologia, 2015, Florianópolis - SC. 28º Congresso Brasileiro de Microbiologia.
4. RAUBER, J.M.; ARNHOLD, G. H. O. ; WAPPLER, P. R. ; BAIERLE, G. M. ; MORAES, L. B. ; CARNEIRO, M. ; VALIM, A. R. M. ; D'AZEVEDO, P. A. . Molecular characteristics and virulence factors of community-acquired and healthcare-associated *Staphylococcus aureus* isolates. In: 115th General Meeting of American Society for Microbiology, 2015. 115th General Meeting of American Society for Microbiology, 2015.
5. BAGGIOTTO, B. ; ARNHOLD, G. H. O. ; CARNEIRO, M. ; D'AZEVEDO, P. A. ; RAUBER, J.M. ; VALIM, A. R. M. . Identificação de parâmetros que influenciam na falha do tratamento de infecções causadas por *Staphylococcus aureus*. In: XX Seminário de Iniciação Científica da UNISC, 2014, Santa Cruz do Sul - RS. XX Seminário de Iniciação Científica da UNISC, 2014.
6. ARNHOLD, G. H. O. ; RAUBER, J.M. ; MORAES, L. B. ; BAGGIOTTO, B. ; VALIM, A. R. M. . Desenvolvimento de metodologia alternativa para triagem de *Staphylococcus* spp. heterorresistentes à vancomicina em amostras clínicas. In: III Seminário Integrador de Iniciação Científica Tecnológica e Inovação, 2014, Lajeado - RS. III Seminário Integrador de Iniciação Científica Tecnológica e Inovação.
7. MORAES, L. B. ; RAUBER, J.M. ; D'AZEVEDO, P. A. ; ARNHOLD, G. H. O. ; BAGGIOTTO, B. ; VALIM, A. R. M. . Análise genotípica de fatores de virulência e resistência em amostras hospitalares de *Staphylococcus* spp.. In: III Seminário Integrador de Iniciação Científica Tecnológica e

Inovação, 2014, Lajeado - RS. III Seminário Integrador de Iniciação Científica Tecnológica e Inovação.

8. WAPPLER, P. R. ; ARNHOLD, G. H. O. ; D'AZEVEDO, P. A. ; RAUBER, J.M. ; VALIM, A. R. M. . Avaliação da resistência a antimicrobianos em cepas de *Staphylococcus* spp de origem hospitalar através de métodos fenotípicos. In: IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013, Santa Cruz do Sul. Anais IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013. p. 64-64.
9. TRINDADE, N. S. ; WAPPLER, P. R. ; D'AZEVEDO, P. A. ; RAUBER, J.M. ; VALIM, A. R. M. . Influência dos fatores epidemiológicos no desfecho de infecções por *Staphylococcus* spp.. In: IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013, Santa Cruz do Sul. Anais IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013. p. 104.
10. BAIERLE, G. M. ; ARNHOLD, G. H. O. ; WAPPLER, P. R. ; D'AZEVEDO, P. A. ; RAUBER, J.M. ; VALIM, A. R. M. . Formação de biofilme em isolados de *Staphylococcus* spp em amostras de pacientes internados em um hospital de ensino no sul do Brasil. In: IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013, Santa Cruz do Sul. Anais IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013. p. 105.
11. ZANOTTO, M. B. ; WAPPLER, P. R. ; D'AZEVEDO, P. A. ; RAUBER, J.M. ; VALIM, A. R. M. . Avaliação dos níveis séricos de vancomicina em pacientes internados em um hospital de ensino da região central do Rio Grande do Sul. In: IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013, Santa Cruz do Sul. Anais IV Salão de Ensino e de Extensão e XIX Seminário de Iniciação Científica, 2013. p. 106.
12. RAUBER, J.M.; WAPPLER, P. R. ; KRUMMENAUER, E. C. ; MACHADO, JANETE APARECIDA ALVES ; CARNEIRO, M. ; VALIM, A. R. M. ; D'AZEVEDO, P. A. . Perfil de sensibilidade de amostras de *Staphylococcus* spp isoladas em um hospital de ensino do sul do Brasil. In: III Congresso Latino Americano de Resistência Microbiana e X Sul Encontro de Controle de Infecção, 2013, Gramado, RS. Journal of Infection Control, 2013. v. 2. p. 89.